

The Angelus

May 2019



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The **Angelus** is published 10 months a year.
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From the Rector

A colleague of mine and I once joked that it is interesting how people love innovation, but they aren't too fond of change. The reality is that the only constant in life is change. Consider the language we use when we talk about life. We talk of moving through life. We don't stand still, but we are in transit. Perhaps we are more like sharks than we would like to be. There are some that must constantly swim in order to allow oxygen rich water to move through their gills, keeping them alive. Maybe that is urban, or ocean, myth. But it is a good reminder.

Our reality is that we always are transitioning from one thing to another, or from one way of being to another. This is true of individuals as well as communities.

I am sure that many people thought that as soon as I arrived that the transition had ended. But the transition continues every day. And, I am not talking about changing the bulletin from a trifold to a Z-fold or encouraging people to use the Book of Common Prayer for the Nicene Creed.

The good people of CEC know as well as I the sort of process one encounters in a search. Although it may seem a bit like an arranged marriage, we did "date" a little bit through the process of interviews. Nonetheless, our relationship is brand new, and we are learning more about each other every day. We are becoming accustomed to spending time together. That is transition for all of us.

Our getting to know each other is not the only change happening in our midst of late. We are saying goodbye and thank you to outgoing CEC leadership.

Senior Warden Christie Carrico and Junior Warden Wayne Cross have finished their terms. These are big jobs in ordinary times, but even more challenging in a clergy leadership period of transition. Also rotating off the Vestry this year in addition to our illustrious Senior Warden Christie were Mary Barnstead, Steve McNeil, Katherine Schexneider, and Audra Snider. And, we were well-served by our Diocesan Delegates Henry Mulzac, Anne Scott, Lisa Tarantino, and Alternate Peggy Gilliam. Thank you! And, remember, we know how to find you! We plan to continue to rely on you.

These faithful servants are being followed by another stellar crew. Janice Musselman and Geof Fuller will serve as Senior and Junior Warden, respectively. We also are welcoming Tim Johnston, Diana Locke, Emily Pearce and Jim Suit as new Vestry members. We are thankful that Steve McNeil will continue as our Treasurer. Thank you as well to our new Diocesan Delegates Kate Albus-Yeatman, Kennerly Chapman, Anne Scott, and Alternate Peggy Gilliam.

Those who have rotated out of leadership positions have served with deep commitment to the betterment of our community. I know that the new leadership will do the same.

Yes, change is all around us. The world spins and revolves. Seasons come and go and come again. Even the Byrds knew this, and if you didn't know before, their Pete Seeger composed hit "Turn! Turn! Turn!" was taken almost entirely from the Book of Ecclesiastes.

And, so Christ Church continues to grow and develop as a place of faith and commitment to being better and doing good. Change propels us forward and keeps us alive, excited about what may be beyond the next corner.

There is one thing that does not change, and that is God. And God is the One whom we serve, so as change abounds, we can rest peacefully in His constancy.

- The Reverend Lisa Zaina

Christ Episcopal School



STEAM Week

CES concluded STEAM Week truly feeling it was "best ever." Throughout the year, the school program integrates science, technology, engineering, arts and math...plus emphasizes team-based work. But, during STEAM Week, students were immersed every day in STEAM presentations, activities and projects.

The outside speakers working in various STEAM-related careers who presented to students at all age levels came from extremely diverse fields. We welcomed a nuclear physicist, a Georgetown professor who does bio-medical research, a software engineer, a vaccine specialist, a marine biologist, personnel from the Montgomery County recycling facility and....a former CDC researcher who uses his medical background to write mystery novels! What rich and inspiring messages our students heard!

Mid-week, our 5th grade class set up assorted STEAM activities in the Murdock Room for the other classes to experience. And, on Friday of STEAM Week, the 8th grade presented their annual Science Fair in the Murdock Room through detailed displays and oral descriptions. Outside judges evaluated their projects and presentations, and "top" projects will go to the Mid Atlantic Episcopal Schools (MAESA) Scholars Fair on April 25 at National Cathedral School for further competition. The week provided not just "something of interest for everyone" but "many exciting options for everyone!"

Fellowship



Supper Club

May Supper Club will be held at the home of Karen Near on May 11th from 7:00 p.m. to 10:00 p.m. All adults are welcome. Just bring a dish to serve approximately eight people and enjoy an evening of good food and lively conversation. The address is 3300 Gregg Road, Brookville, MD 20833 and telephone number is 301-260-9415.

Noon Eucharist Service

Don't forget our regular Wednesday Noon Eucharist Service, in the chapel!! All are welcome!!! Come savor a midday, mid-week time of spiritual renewal and blessing, with time for lunch to spare.



Inside Outreach

An Update on the Christ Church Outreach Program

*“Let us be concerned for one another, to help one another to show love and to do good”
Hebrews 10:24*

On a sunny spring day recently, a group of Christ Church volunteers spent a morning at A Wider Circle, a non-profit in Silver Spring that focuses on getting donated household goods into the hands of people starting new lives.

My job that day was to re-stock the showroom with linens and baby clothes. On one of my trips from the downstairs warehouse to the upstairs showroom, I met a young couple picking out a layette for a baby girl they expected by the end of the week. The couple asked for my help in picking out clothing that wouldn't label their child as either a boy or girl, explaining that they wanted their friends and family to see their child first as a person and not as a rambunctious boy or cute little girl. At the last moment, however, they couldn't resist a lovely pink comforter, which they added to their pile of yellow, green and orange clothing and then continued on their way to shop for furniture and housewares in another part of the showroom.

For me, that pink comforter encapsulated our experience at A Wider Circle. An hour before, that same comforter was in the hands of two of our Christ Church volunteers in the 'linen inspection room' of the warehouse. Their standards were high. The smallest stain, frayed edge, or tired-looking tassel consigned an item to either the animal shelter pile or the ragbag. But our volunteers needed to work quickly to keep the showroom stocked. During our 3-hour stint, Christ Church members inspected, sorted and sent up to the showroom some 40 bags of sheets, towels and other linens as well as several large boxes of children's clothing, most of which were gone by the end of our shift.

While most of us worked in the sorting area, another Christ Church volunteer worked in the unloading area. Every 15 minutes, a pick-up truck, a car or, occasionally, a small moving van would pull up filled with furniture, housewares, toys – almost any item you would find in a typical home. Each piece of furniture, box, and bag needed to be hand carried to a specific part of the 4000sq. foot warehouse, a feat that required not only muscle but also memory. Our volunteer racked up a considerable number of steps!

The founder of A Wider Circle, Dr. Mark Bergel, said in recent interview, “I do not know what we are doing here on this planet if we are not here to take care of one another – to do whatever it takes to help our fellow human beings have a good quality of life. And it has to be much more than just talk.” To me, Dr. Bergel echoes the words of scripture in the quote above. Our volunteer day at A Wider Circle was one way that we at Christ Church work together “to show our concern for one another, to help one another to show love, and to do good.”

The Outreach Committee puts on these Church-wide events several times a year. Not only is there a job for everyone, but these events are a good way to become better acquainted with church members you may only see in passing at coffee hour or during a service. Please join us for our next Church-wide Outreach event.

The Outreach Committee May meeting will take place on Wednesday, May 8th from 7:30 p.m. – 8:30 p.m. in the Parish House beside the church. All are welcome to attend and learn more about the opportunities to live our faith through service to those who need us most. For further information, contact Ben Shuman at benofwater@gmail.com.

Environmental Stewardship

Bishop Curry's Episcopal Creation Care Pledge

As the Episcopal branch of the Jesus Movement, we long to grow loving, liberating, life-giving relationships with the whole of God's Creation. Together, we pledge to protect and renew the Earth and all who call it home. Together, we are living the Way of Love and make this commitment to specific actions.

Loving: We will share our stories of love and concern for the Earth and link with others who care about protecting the sacred web of life.

Because I want to share my strong love of God and God's Creation, I will...

Examples (get even more ideas in the vision document that follows)

- Record a 1-minute video answering the questions "When have you experienced wonder in God's Creation? What is your commitment to protect what you love?" Stretch yourself and post to social media networks or send to creation@episcopalchurch.org.
- Form a Care of Creation group in your congregation or diocese, or connect with a group in your local community. Stretch yourself and organize your group to apply for a Creation Care Grant.

Liberating: We will stand with those most vulnerable to the harmful effects of environmental degradation and climate change – women, children, poor people and communities of color, refugees, migrants.

Because I want to stand in solidarity with my sisters and brothers, especially those being harmed by environmental degradation and climate change, I will...

Examples (get even more ideas in the vision document that follows)

- Sign on for alerts from the Episcopal Public Policy Network at <https://advocacy.episcopalchurch.org>. Stretch yourself and engage in advocacy around an environmental justice issue close to your heart.
- Learn more about a specific way that climate change or environmental degradation affects people near you. Stretch yourself and listen to the stories of hurting neighbors, and find ways to ally with them.

Life-Giving: We will change our habits and choices in order to live more simply, humbly and gently on the Earth.

Because I want to change my own life so that my flourishing is woven together with the flourishing of the Earth, I will...

Examples (get even more ideas in the vision document that follows)

- Personally use the carbon tracker at www.diocal.org/climate. Stretch yourself and organize your whole congregation to sign up and track their carbon footprint.
- Change your eating habits by consuming less meat and reducing the amount of food your family wastes. Stretch yourself by committing to a goal, like one meatless meal per day.

Learn more about our shared call at www.episcopalchurch.org/creation.

On Mother's Day...A Visual Celebration of Mother Nature

The Environmental Stewardship Committee will host the adult forum on Sunday, May 12th, at 10:15 a.m. Because that day is Mother's Day, and our program will be competing with brunches and all-things-Mom, we're making this forum easy to slip in and out of as your schedule permits. Rather than a speaker with a formal presentation, we will feature eco-themed films and videos celebrating Mother Nature. We wish you a Momtastic Mother's Day and invite you to spend a little bit of your morning with us.

All Christ Church Worshipers

*Especially those new in the past twelve months,
those who have missed earlier newcomer events,
and those who feel new at heart!!!*



*The Welcoming Committee cordially invites you to a
newcomer reception to be introduced to our parish family*

Sunday, May 5, 10:10 – 11:00 AM

The Murdock Room

All in the Parish are invited!



St. Francis Flock

The greatness of a nation and its moral progress can be judged by the way its animals are treated. – Mahatma Gandhi

Happy Mother's Day from St. Francis Flock! There will be no meeting in May so that our Flock members may enjoy celebrating the day.

Reflections on the Lenten Film Series

St. Francis Flock enjoyed hosting a very successful Lenten Film Series for the second year in a row. The two films presented this year were the hilarious *Evan Almighty* starring Steve Carrell and the heartwarming true story of *Arthur, The Dog Who Crossed the Jungle to Find a Home*. Both the films exceeded expectations and were uplifting, meaningful, and perfect for prompting contemplation during Lent.



In this busy season of Lent, we were thankful to have Lisa kick off each evening with prayer and to have both Lisa and Cindy join us



for dinner. Cindy was even able to carve out time to watch *Arthur*. We saw a marked increase in attendance this year over last and Flock members were joined each evening by 15-20 parishioners and neighbors from the local community (plus 2 service dogs!)

Attendees to the film series enjoyed delicious, home-cooked dinners, provided by Flock members Sara Timlin and Leslie Porter. There were lots of people going back for seconds! A cool fact: Last year Sara was an attendee to our Lenten Film Series from another church. One year later, she's part of Christ Church, a Flock member, and making us all a fabulous dinner! Welcome (and thank you) Sara!!



The DVD of *Evan Almighty* will be available to borrow in **the new St. Francis Flock Lending Library in the hallway next to the Nave**. *Arthur* can be watched for free online at <https://vimeo.com/216136121>. We encourage young and old to watch these fun, heartwarming films. They provide important messages about our willingness to listen to and follow God's will as well as about our connection to animals (and their connection to us).



NEW! The St. Francis Flock Animal Welfare Lending Library!

Please come borrow from our new Lending Library located on a bookshelf in the hallway next to the Nave of the Church. Our books, DVDs, and other media will focus on animals, animal welfare, and Christianity as it relates to animals and their welfare. There are books for adults and children, including books about adopting a pet, playing with your dog, dealing with the loss of a pet, and others. If you would like to donate an animal themed book or DVD to our Library, please contact Laura Keenan at lbkeenan@comcast.net.

Ongoing Activities – Great Opportunities to Help Animals and People!



- **MAY-BE DROP OFF DONATIONS IN THE SHOPPING CART FOR THE SHELTER??** Donations of gently used dog beds, old towels and blankets, and (new) pet toys are ALWAYS welcome. Many dogs, cats, and other critters are waiting for their forever families at the Montgomery County Animal Services and Adoption Center. They would love to have toys (gently used or new) to play with, soft blankets to lay on, and towels & blankets to be cleaned up with.



- **MAKE A DIFFERENCE – HELP LOVED ONES STAY TOGETHER BY DONATING TO OUR PET FOOD DRIVE.** Please provide unopened donations in the shopping cart in the main dining area of the basement (same cart as Manna donations) and the Flock will deliver to the Animal Welfare League of Montgomery County's **Chompers Pet Food Bank**. Pet food donations benefit local families struggling to provide for their pets.

In many cases, providing pet food to families makes the difference between being able to keep their pet or having to surrender them due to a lack of food. With our donations, Christ Church is making a difference!



- **MAY YOU BE COMFORTED - PET GRIEVANCE MINISTRY.** St. Francis Flock provides ministry to those grieving the loss or illness of a beloved pet. Please contact Carolyn Cole at stfrancisflock@cecrockville.org for more information.



- **MAY WE COME AND HELP? ASSISTANCE TO THE ELDERLY AND/OR DISABLED.** St. Francis Flock provides assistance to Christ Church elderly and/or disabled parishioners in driving them and/or their pet to the veterinarian. Please contact stfrancisflock@cecrockville.org if you need assistance.

Meeting Time: Second Sunday of the month at 12:30p in the Parish House!

For more information contact stfrancisflock@cecrockville.org or on Facebook @[StFrancisFlock](https://www.facebook.com/StFrancisFlock)

VOLUNTEER PROFILE



CAROL SMITH is one of our newer volunteers, having just started working at the Bargain Box this past summer. She lives in Alexandria, VA, but is volunteering at the Bargain Box because her good friend and travelling companion, Janet Miranda works there. It was an opportunity, she said, to spend more time with Janet and contribute to a good cause. Carol works the front desk and while she loves finding lots of really good bargains for herself, she soon discovered that she enjoys helping the shoppers, especially those with limited financial means, find bargains of their own. Her goal is to "make their day" with a real nice bargain. Carol is a retired nurse with lots of hobbies. She loves spending time with her kids and grandkids, traveling the world (often with Janet), managing her rental property in Chincoteague, VA, gardening, working out at the gym, working as a volunteer tour guide in Old Town Alexandria, volunteering as a school nurse at an elementary school, going to the Kennedy Center to see ballet and opera and reading, especially history and the classics. Plus being a political junkie, she loves keeping up with the current political debates. It's a wonder she has found the time to work at the Bargain Box, but we are glad she did.

BARGAIN BOX WELCOMES NEW VOLUNTEERS

The Bargain Box is pleased to welcome several new volunteers. Deanna Bien, Gary Correll, Sarah White, and Bobbie Wolf have all recently joined the Bargain Box as front desk volunteers. In addition, Gail Rebello is a new consignments volunteer. Please welcome these folks and watch this space for their profiles! We can still use volunteers for the front desk and to prices purses as well as keep the large volume of toys and games donations under control. If you are interested, contact Donna Wolohojian at 301-762-2242.

OUTREACH SUNDAY



May 19 is Serving Others Sunday at Christ Church. This will be our last Sunday in the Dining Room before we move to the Parish House for the summer. Come shop and sign up for our flowers and gardening raffle.

MOTHERS' DAY

Mother's Day is May 12. We have some really nice gifts for Mom, including a lovely rocking chair, elegant china, glass and silver items, and a wide selection of jewelry.

The Bargain Box will be closed for
Memorial Day, Monday May 27.

The Bargain Box
Thrift and Consignment Shop
An Outreach Ministry since 1957

398 Hungerford Drive, Rockville 20850
301-762-2242

Monday - Saturday, 10 am - 4:30 pm

Donna Wolohojian, Manager

Email: bargainbox@cecrockville.org

On the web: www.bargain-box.org



Follow us on Facebook:

www.facebook.com/BargainBoxRockville

*All our profits fund outreach projects in
the community and diocese.*

Children's & Youth Ministries

Sunday, May 5th



Worship Services are at 7:45am, 9am & 11am in the Church

Nursery is available 9am – 12:15pm for infants & toddlers

Children's Church begins at 9am in the Dining Room

Newcomer's Reception for EVERYONE at 10:15 in the Murdock Room



Sunday, May 12th



Worship Services at 7:30am, 9am and 11am in the Church

Nursery is available 9am – 12:15pm for infants & toddlers

Children's Church begins at 9am in the Murdock Room

Mother's Day Celebration Coffee Hour for All at 10:15 in the Dining Room



Sunday, May 19th



Worship Services at 7:45am, 9am and 11am in the Church

Nursery is available 9am – 12:15pm for infants & toddlers

Children's Church begins at 9am in the Dining Room - Last one until Sept.

SOS – Serving Others Sunday at 10:15am in the Murdock Room



Smart Sack Packing - Pack 200 bags of food for children at Meadow Hall Elementary School who need food on the weekends. We'll make 350 Bags of Granola for our local Women's Shelter. All ages and abilities welcome and many hands are needed!!!

Sunday, May 26th



Worship Service at 7:45 & 10:00am in the Church – Summer Schedule Begins!

Nursery is available 9:45 – 11:30am for infants & toddlers

Where is Mrs. Craig?

Beginning May 1st until September 3rd, I'll be on sabbatical this summer, and will be completely disengaged from the life and ministry at Christ Church.

I want to say THANK YOU to each of you for this gift!

This is time for me to rest and recharge, spend time away with my family, and time to refocus before returning in Fall. I'll miss all of you and ask for your prayers while I am away.

Blessings of a beautiful summer filled with lazy days and peaceful nights, Mrs. Craig



Michele Craig, Director of Children's & Youth Ministries mcraig@cecrockville.org 301/762-2191 X15

May



May 2019

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

MAY 2019 WEEKLY SCHEDULE

REGULAR SERVICES AT 7:45, 9:00 & 11:00am
Summer Schedule begins May 26
Services at 7:45 & 10:00am

7:45 AM Holy Eucharist Rite I
A Spoken Service

9:00 AM Holy Eucharist Rite II
A Family Service for All People and Ages
Featuring Choristers of Christ Church

9:00 AM Children's Church – Murdock Room
A Service for Young Children
Using a Story-Telling Theme with Music 9:00-9:30am
(May 5, 12, 19)

11:00 AM Holy Eucharist, Rite II
Featuring Christ Church Choir

Nursery 8:45 AM – 12:15 PM *for infants and toddlers*
6 months to 4 years old

ACTIVITIES AND MEETINGS

9:00 AM Studies in Christian Faith *(led by Nancy Lewin)*

10:10 AM Adult Forum – Murdock Room

10:10 AM Coffee Hour – Dining Room

REGULAR WEEKLY ACTIVITIES

Monday

1:30 PM Staff Meeting (PH)

7:00 PM English Conversation Practice (CEC DR)

Wednesday

12:10 PM Holy Eucharist Rite II (Church)

Thursday

12:00 PM AA Meeting (PH LR)

4:45 PM Chorister Snacks & Rehearsal (Choir Room)

7:30 PM Choir Rehearsal (Choir Room)

OTHER PARISH EVENTS

(Date/Event/ Time/ Location)

- 1
- 2 Preschool One-on-One Fun **9:00am** (Preschool Library)
- 3
- 4
- 5 Newcomer Reception for Everyone **10:10am** (MR)
- 6
- 7 Pastoral Care Committee Meeting **7:00pm** (PH LR)
- 8 Outreach Committee Meeting **7:30pm** (PH DR)
- 9 CES Admissions Open House **9-11am** (Jefferson Bldng)
- 10
- 11 Adult Supper Club **7:00pm** (home of Karen Near)
- 12 Mother's Day
St. Francis Flock Meeting **12:30pm** (PH DR)
- 13
- 14 *The Angelus* Submission Deadline for the Summer issue
- 15
- 16 Board of Governors Meeting **7:00pm** (MR)
- 17
- 18
- 19 "MANNA" Sunday *(Third Sunday of each month)*
Loaves & Fishes carpool **10:15am** (leave from Church)
Bargain Box Outreach Table (DR)
SOS - Serving Others Sunday Outreach Project **10:15am** (MR)
Baptism & Reception **11:00am**
Environmental Stewardship Committee Meeting 12:30pm (PH LR)
- 20
- 21
- 22 Lay Eucharist Visitation **2:30pm** (Collingswood Nursing Home)
- 23
- 24
- 25
- 26 **Summer Worship Schedule Begins**
Services at 7:45 & 10:00am
- 27 Memorial Day (office closed)
- 28 Vestry Meeting **7:00pm** (PH)
- 29
- 30 Choristers Ice Cream Treat **4:30pm** (off campus)
- 31 CES Graduation

KEY

Church

PH = Parish House

LR = Living Room

DR = Dining Room

MR = Murdock Room

CEC = Christ Episcopal

CES = Christ Episcopal School

K = Kitchen

N = Nursery

YR = Youth Room

Year End Parish Picnic

Sunday, June 2nd
11:15 am – 12:30 pm



Friends & Food
Fellowship & Fun
in the Dining Room

Please bring a side dish to share!

Fried Chicken, Potato Salad, Watermelon,
Drinks & Ice Cream Treats will be provided.

Questions?

Contact: Michele Craig at mcraig@cecrockville.org or 301/762-2191