### The Angelus

May 2015



The **Angelus** is published 10 months a year. Editors: Kathy Moch & Tim Smeltzer Direct queries to the Church office or email to angelusnewsletter@yahoo.com and editor@cecrockville.org



#### What's Inside?

In **From the Rector**, Father John talks about his upcoming sabbatical, the incredible people covering while he is gone, and Jazz Vespers on May 3<sup>rd</sup> with Myrna Clayton.

**Inside Outreach** profiles Transitional Housing Corporation and announces Community Ministries of Rockville's Night of Magic on May 16<sup>th</sup>.

**St. Francis Flock** thanks the Bargain Box for donations to MCPAW and shares some of the amazing things it is doing for the animals.

In the **Newcomer Corner**, we welcome a new member with some family roots in Christ Episcopal School.

**Did you Know** shows how Environmental Stewardship is also important to the national Episcopal Church.

The **Bargain Box** espouses the scientific and not-so-scientific benefits of volunteering and shares the schedule of Outreach Sundays through August.

Please join Christ Church on May 31st for a **Graduates and Teachers Recognition and Reception**. Worship at 10:00 and Reception at 11:15.

Do you love Christ Episcopal Church? Then "Like" Christ Episcopal Church on Facebook at <a href="https://www.facebook.com/christchurchrockville">https://www.facebook.com/christchurchrockville</a>

#### From the Rector



Fr. McDuffie

#### Dear Friends in Christ,

I am very much looking forward to a time of sabbatical refreshment, beginning after the Sunday, May 3<sup>rd</sup> services. I will be away from May through August, and I will return to be with you on Sunday, September 13<sup>th</sup>. I'm so grateful to our Vestry and all of you for the chance to renew myself.

Plans are shaping up for some of my activities while I am away. On May 6<sup>th</sup>, I will journey to Scottsdale, Arizona, to spend some time with Emory Wellman, father of Chris Wellman, the subject of my literary project while I am off. On May 15<sup>th</sup>, I will gather with family to honor my younger brother Mike, who is one of the leading fundraisers for the American Cancer Society in my hometown in North Carolina. During the first week in June, I will be at the summer Institute for Reconciliation at Duke Divinity School, where I will be focusing on the prophet Isaiah. And later in June, Mary and I will travel in France for two weeks, including a special visit to the Normandy D-Day invasion site, where my father was a young paratrooper with the 82nd Airborne.

I'm also planning a possible visit to see Chris Wellman's brother Jim, who lives in the Seattle area, and bother Steve, who lives in Houston. The latter visit will be coupled with some time with my younger son Isaac, who continues in graduate school at LSU in Baton Rouge.

When I'm not travelling, I will be spending time writing, as well as golfing, and playing my saxophone.

I heard that someone asked recently, "Is Fr. McDuffie coming back, or will he leave for good?" The answer to that question is an emphatic "I'm coming back!" And I will look forward to continuing as your rector when we start our programmatic year in the fall.

While I am away, life at Christ Church will continue in all of its richness. Cindy Simpson, our Assistant Rector, will preside and preach at most of our Sunday services, and be available for pastoral care and support. When Cindy is on vacation during the latter part of June into mid-July, the Rev. Peter Bastien will celebrate and preach on three Sundays.

Peter is a retired Lutheran pastor, and he and his wife Pat enjoy worshipping with us at Christ Church on many Sundays throughout the church year. On a fourth Sunday, we'll have the Rev. Dr. Hemchand Gossai as guest celebrant and preacher. Hemchand and his wife Viera worship with us regularly, and Adult Forum attendees know him for his wonderful presentations on Biblical theology. Also, our seminarian Brad Linboom will be available during Cindy's absence to deal with pastoral visiting and responding to emergencies.

We're also fortunate to have Christie Carrico as our senior warden. In the absence of the rector, the senior warden has canonical ecclesiastical authority, and Christie is a person of great wisdom and maturity. I know that you all will be in good hands!

Let's continue to celebrate the wonders of Easter, my favorite season of the Church year. God bless you all!

Faithfully in Christ,

John+

### Sunday, May 3 – Farewell Reception for Fr. McDuffie! at the 10:00am hour

Come on the last Sunday before Fr. McDuffie's sabbatical to learn of his coming adventures. We will bid him a fond farewell and anticipate his return on September 13.

#### Special Jazz Vespers Service on May 3rd - Please Come!



I'm delighted that Christ Church will host its third annual Jazz Vespers to benefit the Bishop John T. Walker School for Boys, on Sunday, May 3<sup>rd</sup>, at 5:00 p.m. in the church, with a reception to follow. Once again, our regular Jazz Vespers band will be joined by the great vocalist Myrna Clayton. Myrna has sung nationally and internationally – check out her website at www.myrnaclayton.com.

Myrna was last in our area with an engagement at Blues Alley in Washington on January 27th, and her performance before a packed house was electrifying! The more people Myrna sings for, the more exciting and energizing is her performance, because she is a true "people person". She is travelling all the way from Atlanta, Georgia to sing with us, just because she likes working with our band! – and also because her performance will go to support a great mission arm of the Diocese of Washington. The Bishop Walker School gives a quality education to underprivileged boys who live in Ward 8 and enables them to have a chance to reach for some goals to give them a fulfilling and promising new life. Your free-will offering that evening will provide wonderful support to this fine school.

So tell your friends, and come join us for a fun evening!

--Fr. McDuffie

#### **Inside Outreach**





"My people will dwell in a peaceful habitation, in secure dwellings, and in quiet resting places" (Isaiah 32:18)

Transitional Housing Corporation (THC) is a faith-based non-profit partnership that provides housing and comprehensive support services to homeless and at-risk families so that they can make transformational changes in their lives.

THC's programs serve 26 families at two apartment buildings in Washington, D.C. These programs provide temporary housing stability and intensive services in a focused, supportive environment to prepare families coming out of shelters for permanent housing placements. Transitional housing is targeted towards families who would benefit from intensive on-site support for a short period of time to emerge happier, healthier, and more economically stable. THC's comprehensive services include clinical services, resident services, life skills development, employment services, housing counseling, and youth services. You can find out more about these services at <a href="http://thedc.org">http://thedc.org</a>.

One of THC's most rewarding volunteer opportunities is the Adopt-an-Apartment Program (AAP). The homeless families entering THC's Partner Arms 2 (transitional housing) have few or no furnishings. Christ Church adopts one such apartment every two years, providing **gently-used** furniture and new household items for an incoming homeless family. When the family successfully graduates from THC's program, they are allowed to take **all** furnishings with them. Then THC partners with another church or organization to refurnish the apartment for the next family.

Christ Church's partnership year is 2015 and we are in the beginning stages of planning for this effort. Watch for further information on how you can participate or contact Linda Rhoads on 301-279-0186 or email her at <a href="mailto:prague02@comcast.net">prague02@comcast.net</a>.

The Outreach Committee meets the second Monday of each month at 7:30 p.m. in the Parish House. All are welcome to attend and learn more about the opportunities to live our faith through service to those who need us most. For further information, contact Rebecca Browning at <a href="mailto:rebecca.browning@verizon.net">rebecca.browning@verizon.net</a>.

#### Community Ministries of Rockville is hosting a Night of Magic

Announcing an Event Hosted by the Community Ministries of Rockville! Community Ministries of Rockville and the Honorable Ike and Mrs. Catherine Leggett invite you to join them for the 48th Annual Gala. Support Community Ministries of Rockville in its mission to provide basic services such as housing, healthcare, education, and eldercare to the most vulnerable of local residents. Washington Post Columnist John Kelly will be Master of Ceremonies for the event to be held at the Lakewood Country Club on Saturday, May 16th. Tickets start at \$100. Please contact Kaitlin Rancier for more information at <a href="mailto:ktrancier@hotmail.com">ktrancier@hotmail.com</a>.

#### St. Francis Flock

"To honor God by being good stewards of God's creatures"

#### **Pet Prayers**

St. Francis Flock understands that pet illness and loss can be trivialized and misunderstood by others but are significant to the pet's human companions. If you want St. Francis Flock to include your pet on our prayer list, please contact Eva Lin at (301) 279-2785 or eva.lin@comcast.net.

#### **Donations - Thank You!**

**St. Francis Flock** has sprung into action by delivering pet food and supplies to local animal welfare organizations. Thanks to you and the Bargain Box, the Flock **delivered four bags of towels** to the **Montgomery County Partners for Animal Well-Being (MCPAW)** and two bags of blankets to the **Montgomery County Animal Services and Adoption Center**. Thank you Bargain Box!

St. Francis Flock also **donated over 70 lbs. of food and treats** to the **Animal Welfare League of Montgomery County Chompers Program**. Chompers assists local families struggling to provide for their companion animals.

#### **Flock Features**

#### "Walk the Walk" for Lost Pets

Generation Wags is working to help owners of lost pets raise visibility in the community! If you've lost a pet or want to join Flock member Meghan Matulka for the walk, please come! Meghan will be walking for local lost dog Madeline Wight-Williams. The event will be held on Sunday, April 26th, from Noon to 4:00 p.m. at Bohrer Park at Summit Hall Farm, 506 S. Frederick Ave., Gaithersburg, MD. For more information, go to: http://www.generationwags.com/walk-the-walk-for-lost-pets/.

"Oh Lord, you save both humans and animals." Psalm 36:6

#### Pet Fosters and Adoption

It's kitten season, and Animal Welfare League of Montgomery County needs fosters for cats and kittens to prepare them for adoption. For more information, please contact Francine Pivinski at <a href="mailto:fpivinski@gmail.com">fpivinski@gmail.com</a> or Carla Weinberg at <a href="mailto:ceweinberg@gmail.com">ceweinberg@gmail.com</a> or complete a foster application at <a href="mailto:www.awlmc.org">www.awlmc.org</a>.

#### Thinking of adopting a pet?

Please consider <a href="www.petfinder.com">www.petfinder.com</a> and <a href="www.petfinder.com">www.petfinder.com</a>. Petfinder.com is the largest online, searchable database of cats and dogs for adoption. It helps people search adoptable pets in their area that fit their family's individual needs and preferences. It also offers a wealth of information on how to select and care for a family pet.

Petango.com is a one-stop destination for anyone looking to adopt a pet from an animal welfare organization. It offers a wide range of content-rich options for potential adopters, shelters, and anyone who wants to learn more about pet adoption. Petango.com also has an interactive social networking community.

#### **Upcoming & Ongoing Activities**

- Annual Meeting (Sunday, April 29th) and Year-End Picnic (Sunday, May 31st):
- **Pastoral care:** St. Francis Flock pastoral care is available for anyone who is grieving the passing of a pet or who is facing a pet's illness. For more information, contact Eva Lin (301) 279-2785.
- **Senior assistance:** Seniors needing assistance getting their pets to the veterinarian, please contact Debbie Thompson (301) 762-3164.
- **Adult Forum:** Do you have an idea for an Adult Forum regarding animal welfare? Please contact Lori Nicely (703) 869-9572.
- **Annual Memorial Service:** An annual memorial service to remember our beloved pets is being planned for fall 2015. More details to be released at a later date.

#### **Contact Us**

All who feel called to expand the circle of compassion, please join us! Our meeting time is the  $2^{nd}$  Sunday of each month at 4:00 p.m. in the Parish House.

**Parish Ministry and Fellowship** – Eva Lin (301) 279-2785 and Barbara Hunt-Wolper (301) 762-1396

Education, Communications, Internal Coordination – Lori Nicely (703) 869-9572 Community Outreach – Debbie Thompson (301) 762-3164

"I will remember my covenant which is between me and you and every living creature of all flesh." Genesis 9:15

#### **Environmental Stewardship**

#### Did You Know?



The Episcopal Church at the national level is very involved with Environmental Stewardship issues. Please check out these web sites:

www.episcopalchurch.org – This is a link to the home page of the National Church's web site.

www.youtube.com/watch?v=Gs3W8nYgT8M&feature=youtu.be – This is a video of Presiding Bishop Katherine J. Schori and the ecumenical group EcoPeace working on the Jordan River.

#### **Fellowship**



**Adult Supper Club** will meet on **Saturday, May 9**, 7:00 – 10:00 pm, at the home of Dotty Reitwiesner & John Arnold, 16 Virginia Dr., Gaithersburg. All adults are welcome. Please bring a dish that feeds approximately 8 to share and enjoy an evening of good food and fellowship. For additional information or directions, call 301-869-8196.

#### **Booktalk**



On Monday, May 11<sup>th</sup>, at 1:00 p.m., **Booktalk** will discuss <u>The Paris Wife</u>, by Paula McLain. This is a novel about the marriage of Ernest Hemingway and Hadley Richardson, his first wife, and takes place in Paris where they became part of the "Lost Generation." Please join us for what promises to be a lively discussion.

#### **Newcomer Corner**

#### Martha Olin

Meet Martha Olin, who moved to Asbury over the summer and became a member of Christ Church shortly thereafter. Born in Michigan, Martha first moved to the D.C. area to attend National Cathedral School. From there, she moved to New York, where she worked in corporate marketing for American Airlines and Avon Cosmetics. After living in New York, she spent many years in Litchfield, Connecticut, a small town in the foothills of the Berkshires. Tough New England winters led her to leave Connecticut. She chose to retire to this part of the county because she has family in Bethesda. Martha's nephews went to Christ Episcopal School, and her nephew's wife taught at CES. Martha enjoys the people at Asbury, as well as the wealth of activities and programs, including classes, lectures, and concerts.



Welcome to Christ Church, Martha!



Graduates & Teacher Recognition & Picnic Sunday, May 31<sup>st</sup>

Worship & Recognition at 10:00 Year-End Picnic for ALL at 11:15





#### **VOLUNTEERS WELCOME!**

According to Edgar Bronfman, Sr., researchers consistently find that older volunteers, when compared to older non-volunteers, have fewer functional and physical impairments, overall better health, higher life satisfaction and less depression. In addition, they attend religious services more frequently and belong to more social organizations. Read more at <a href="http://www.brainyquote.com/quotes/quotes/e/edgarbronf647931.html#WdkXgc2YScWyqQKI.99">http://www.brainyquote.com/quotes/quotes/e/edgarbronf647931.html#WdkXgc2YScWyqQKI.99</a>

So, improve your health outlook and life satisfaction by volunteering at The Bargain Box. We provide free training & snacks! AND you get one item 50% off for each shift that you work!

#### Front Desk Clerks: (Especially Tues. & Thurs.)

- · Help customers find what they need
- · Ring up sales
- Morning shift (9:45 1:30)
- Afternoon shift (1:30 4:45)
- · Once a month, once a week, or more

#### Consignments:

- Write consignment tickets
- Tag clothing and other items
- Thursday or Friday, 10 to noonish
- · Once a month, once a week, or more

#### Donations of new & gently used:

- · Seasonal clothing & shoes
- · Holiday decorations
- · Books, toys, household items
- · Jewelry, watches and purses
- Furniture
- · Computer/electrical cords and cables
- Store Supplies (Wipes, Paper towels, Febreeze, Kleenex, TP)
- Shopping bags (paper or plastic)
- Newspapers (to wrap fragile items)

And of course.....SHOPPING!



The third Sunday is Outreach Sunday at Christ Church. The Bargain Box will be in the Dining Room on Sunday, May 17, with new spring and summer merchandise and a "Gardens & Flowers" raffle.

#### Future Sales/Raffles:

June 21 - Father's Day and vacations
July 19 - Summer picnics
August 16 - Back to school/get your office
organized

#### The Bargain Box Cooks

Planning to cook brunch or dinner for Mom on Mother's Day? "The Bargain Box Cooks" cookbook has many delicious and easy recipes and you can pick one up at the store during the week. Cost is \$10 or buy 2 or more for \$9 each, cash or check.

Try a really fun brunch - Asparagus Popover (p. 45) with Cinnamon French Toast Casserole (p. 46) and Ham and Cheese Scones (p. 47). Or prepare a special New England Boiled Dinner (p. 51). Having company to watch the Kentucky Derby? Don't forget to serve Bourbon Ham (p. 55), or Chicken with Kentucky BBQ Sauce (p.129) and for dessert, Bourbon Balls (p. 124).

### The Bargain Box Thrift and Consignment Shop

An Outreach Ministry since 1957 398 Hungerford Drive, Rockville 20850 301-762-2242

Monday – Saturday, 10 am – 4:30 pm Donna Wolohojian, Manager

Email: <u>bargainbox@cecrockville.org</u>
On the web: <u>www.bargain-box.org</u>

Follow us on Facebook: www.facebook.com/BargainBoxRockville

All our profits fund outreach projects in the community and diocese.

#### May 2014

S	M	T	$\mathbf{W}$	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						



#### OTHER PARISH EVENTS

(Date/Event/ Time/ Location)

#### MAY 2014 WEEKLY SCHEDULE

REGULAR SERVICES AT 7:45, 9:00 & 11:00am Summer Schedule begins May 24 Services at 7:45 & 10:00am

**7:45 AM** Holy Eucharist Rite I a spoken service with Sermon

**9:00** AM Holy Eucharist Rite II with Sermon, Service Music, Hymns, and Anthems Choristers of Christ Church

**9:00** AM Children's Church – Murdock Room a service for children, using a story-telling theme with music for young children. 9:00-9:30am (May 3<sup>rd</sup> & 17<sup>th</sup> only)

**11:00** AM Holy Eucharist, Rite I with Sermon, Service Music, Hymns, and Anthems Christ Church Choir

#### **ACTIVITIES AND MEETINGS**

8:25 AM Choristers Warm Up – Choir Room & Church
9:00 AM Studies in Christian Faith (led by Fran Palmer-Hill)
10:10 AM Adult Forum – Murdock Room
10:15 AM Choir Rehearsal – Choir Stalls

10:15 AM Coffee Hour – Dining Room

**12:45 PM** Korean Worship Service – Chapel

2:10 PM Korean Congregation Coffee Hour – Parish House

#### **REGULAR WEEKLY ACTIVITIES**

Monday

7:00 PM English Conversation Practice (DR)

Tuesday

9:00 AM Staff Meeting (PH)

Wednesday

11:00 AM Bible Study (PH LR)

12:10 PM Holy Eucharist Rite II (Church)

8:00 PM Korean Congregation Prayer Group (PH LR)

**Thursday** 

12:00 PM AA (PH)

4:30 PM Chorister Rehearsal (Church)

7:30 PM Choir Rehearsal (Church)

_	
3	Youth Group <b>3-7pm</b> (YR, CEC DR)
	Jazz Vespers for Bishop Walker School 5:00pm (Church)
	and Recention

5 Pastoral Care Committee Meeting **7:30pm** (PH LR)

6 CES Preschool & Lower School Musical **6:00pm** (Church)

89 Communion Class Bread Baking 9:30am

& Instructed Eucharist (CEC DR)

Adult Supper Club 7:00pm (home of Dotty Reitwiesner & John Arnold)

10 Mother's Day

Faithful Professionals Meeting **10:15am** (PH LR) Communion Class Celebration for Everyone! **10:15am** (MR) Holy Eucharist at Rockville Nursing Home **1:30pm** 

St. Francis Flock Meeting **4:00pm** (PH LR)

11 Booktalk **1:00pm** (PH LR)

Outreach Committee Meeting **7:30pm** (PH DR)

12 Adult Christian Formation Meeting **7:00pm** (PH LR) 13

15 16 CFG "A

14

6 CES "A Touch of Asia"

Confirmation 10:00am (Washington National Cathedral)

17 "MANNA" Sunday (*Third Sunday of each month*)
Loaves & Fishes carpool **10:15am** (leave from Church)
SOS - Serving Others Sunday Outreach Project **10:15am** (CEC DR)
Youth Group Mini Golf Outing **12:30pm**, RSVP by May 13<sup>th</sup> (\$5)

18 Dine & Deal

Newcomers Welcoming Committee Meeting **7:00pm** (PH LR)

 The Angelus Submission Deadline for the Summer 2015 issue Pastoral Care Committee Meeting 7:30pm (PH LR)

Choristers Ice Cream Party **4:30pm** (Ben & Jerry's)

22 23

21

4 Summer Worship Schedule Begins, Services at 7:45 & 10:00am Faithful Professionals Meeting 10:15am (PH LR)

25 Memorial Day (office closed)

26 The Angelus Printing

Vestry Meeting **7:30pm** (PH)

27 Holy Eucharist at Collingswood **2:30pm** (Rockville)

28 The Angelus Assembly

29 30

> Grad & Teacher Recognition /End of Year Picnic 11:15am (MR) Sophia House Meal Prep & Serving 4:30pm (CEC DR)

KEYCEC = Christ Episcopal ChurchPH = Parish HouseCES = Christ Episcopal SchoolLR = Living RoomK = KitchenDR = Dining RoomN = NurseryMR = Murdock RoomYR = Youth Room

### Coming in the Summer Studies in Christian Faith Class, 9am, Sundays in the Parish House, June 21 - July 12

\* \* \* \* \* \* \* \* \* \* \* \* \* \* \* \* \* \* \* \*

And God Saw That It Was Good

A Christian Spiritual Guide for the PBS/Ken Burns film The National Parks: America's Best Idea

Leaders: Beth Norcross, study guide author

Ron Tipton, parishioner

June 21 & 28 - Beth Norcross, guest leader

July 5 & 12 - Ron Tipton, parishioner, leader

Come join these amazing guides in a spiritual journey through our national parks using clips from the film series and discussion. Filmed over six years across some of nature's greatest wonders, capture the power of these treasures reflecting the glory of God and bringing inspiration to body and soul.

Beth Norcross is the author of this study, and is adjunct faculty at Wesley Theological Seminary in Washington, D.C., where she has developed and teaches courses on eco-spirituality and eco-theology. Beth has spoken to a wide variety of churches and organizations, and has written several <u>articles</u> and developed <u>educational resources</u> for congregations.

She also currently serves as chair of <u>Greater Washington Interfaith Power and Light</u> a Washington, D.C.-based group that, as part of the national Regeneration Project, encourages congregations to limit their carbon footprints by reducing energy use.

Long-time Christ Church parishioner, Ron Tipton serves as Executive Director/CEO of the Appalachian Trail Conservancy in Harpers Ferry, West Virginia and has spent most of the past 30+ years as an advocate for public land preservation and national park protection. Since 1978 he has been a part of the advocacy and/or management team of four non-profit national conservation organizations: The Wilderness Society, National Audubon Society, World Wildlife Fund, and National Parks Conservation Association (NPCA). Ron moved to the Appalachain Trail Conservancy after many years of service as senior vice president for NPCA.

### For More Information and to register, please visit:

www.CESrockville.org/CESummer 22 West Jefferson St, Rockville, MD 20850 Phone 3014246550



# CESummer! Your Summer Adventure Awaits!

#### **Little Cardinal Education**

A ten- week, inquiry-based program especially designed for children ages 2.5 - 5.

#### **Camp Cardinal**

A day camp for ages 6-10 offers swimming, arts and crafts and field trips that support fun and exciting weekly-themed activities.

#### **Camp Cardinal Specialty Camp**

A day camp for ages 6-13 that offers classes in Computer Coding, Lego Engineering, Culinary Arts, Fashion and Machine Sewing, Drama/Playwriting, Puppetry and Dance.

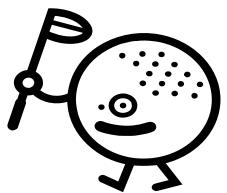


### Youth Group Mini Golf Outing

Sunday, May 17th from 12:30 - 4:00pm

Friends are welcome!

Bring \$5.00 for Lunch & Golf



RSVP by May 13<sup>th</sup>

ocraig@cecrockville.org 301/762-2191 #15

Meet at the Parish House & Parent Drivers are needed.

### Youth Group on Sunday, May 3rd

3-7pm in the Dining Room
We'll make and serve food for the
Jazz Vespers Tres de Mayo Reception!

SSL Hours will be earned & dinner provided.

Friends Welcome!



## Parish Picnic

Celebrating our
Graduates &
Teacher Volunteers!

Sunday, May 31<sup>st</sup> 11:15 am -12:30 pm



Friends & Food Fellowship & Fun

### Please bring a side dish to share!

Fried Chicken, Potato Salad, Watermelon, Drinks & Ice Cream will be provided.