The Angelus

February 2015



The **Angelus** is published 10 months a year. Editors: Kathy Moch & Tim Smeltzer Direct queries to the church office or email to editor@cecrockville.org



What's Inside?

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Inside Outreach shares information about and opportunities to serve at Community Ministries of Rockville and also at Samaritan Ministry.

In **Newcomers Corner**, we welcome another wonderful parishioner to the Christ Church family.

St Francis Flock thanks the Bargain Box for the generous donations and announces MCPAW's "Spay it Forward" program.

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Christian Faith announces the next Studies in Christian Faith class.

Acolytes will welcome five new acolytes and will award four silver crosses to long-serving acolytes on Sunday, February 8th.

Pastoral Care offers a prayer of healing.

Environmental Stewardship offers a prayer for awareness and service.

The **Bargain Box** thanks everyone for donations in 2014, announces the next Outreach Sunday, and calls for volunteers in 2015.

AND, so much going on for our **Youth** – look inside!

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From the Rector



Fr. McDuffie

Dear Friends in Christ,

Greetings to one and all as we continue in a busy new calendar year!

I want to thank all of you for your prayers, notes of sympathy, support, and friendship as I suffered the death of my mother in December. When I was a child, my mother gave me a Little Golden Book entitled <u>Doctor Squash</u>, the <u>Doll Doctor</u>, by Margaret Wise Brown, who also wrote the immortal children's classic <u>Good Night</u>, <u>Moon</u>. <u>Doctor Squash</u> was a favorite book of mine, perhaps because both of my grandfathers were doctors. In the story, Dr. Squash is a kindly older man who takes care of all the dolls and toys in the house, when they are ill. But one day, Dr. Squash falls ill himself, and has to go to his bed. Who will take care of him? Why, the dolls, of course, who rally at his side and provide him with all sorts of comfort and reassurance!

Of course you know that I am not likening the congregation to a collection of toys...but I must say that after many years of having the honor and privilege of being with many of you in times of sadness and sorrow upon the death of loved ones, I felt affirmed and cared for by <u>you</u> in this time of my mother's being taken away. I could feel the prayers of our Christ Church family lifting me up through the end of December, and on to my journey home in early January, to celebrate Mom's life in a good way with my family. Again, thank you! It is wonderful to experience the incarnate love of God in this way. As far as I am concerned, that is ultimately why we are all together in this entity that we call "the church" – it is far better than all the virtual care and affirmation that people try to experience in the cyber world.

Not only do I want to thank our parish family in this letter – I also want to thank our Wardens and Vestry, who at the end of 2014 affirmed that I would be able to take a four-month sabbatical this year. It is now almost eight years since I had a refreshing and renewing sabbatical time in 2007, and I am grateful for a new opportunity to be away and do some "re-charging". I plan to take my leave after Sunday, May 3rd, and will return to the church after Labor Day, on September 7th.

I have several plans during my time away. I want to be with my younger brother Mike in mid-May on the occasion of his being honored as the top fundraiser in our hometown for the American Cancer Society, at their annual Relay for Life event. I plan to participate in a weeklong conference on the theme of reconciliation at Duke Divinity School in early June. Mary and I are planning to travel to Normandy, France, and visit the places my father walked as a paratrooper in the 82nd Airborne in the D-Day invasion. And I want to spend some time visiting with the family of Chris Wellman. As I said at the time of Chris's death, I would like to write a spiritual biography of Chris, either in book form, or at the very least, an extended essay. This will be an opportunity for me to reconnect with some of the formative times of my life as a young clinical social worker, as I compare my own journey with Chris's life journey. I think it will be a very rich time for me.

While I am away, Cindy Simpson will be our chief pastor, and I know she will serve Christ Church well, as she already does. Stay tuned for further information as we journey toward the spring – which is what the word "Lent" means in Anglo-Saxon. Ash Wednesday is not far away – February 18 – but I close this note with the Epiphany blessing: May Christ, the Son of God, be manifest in you, that your lives may be a light to the world.

Faithfully in Christ,

John+

Jazz Vespers Returns February 8th

Another great evening of jazz awaits you on Sunday, February 8th, at 5:00 p.m. when the Jazz Vespers Quartet will play songs of love (including some beautiful Brazilian tunes), accompanying the liturgy of evening prayer. It's our annual Valentine's Day special! A free-will offering will be gratefully received to benefit Episcopal Relief and Development, which helps to provide resources and assistance in many troubled areas of the world.

A Message From Our Bishop

As I believe you all know, the Episcopal Diocese of Maryland is suffering through a horrific tragedy, from the recent death of a cyclist who was struck by a car driven by the Rt. Rev. Heather Cook, suffragan bishop of that Diocese. Their tragedy is also tragedy for all of us as Christians and as Episcopalians. I share with you a letter sent to our Diocesan clergy from Bishop Mariann:



January 10, 2015

Dear Friends of the Diocese of Washington and Beyond,

I write today in light of the announcement that the Rt. Rev. Heather Cook of the Diocese of Maryland has been charged with manslaughter, leaving the scene of the accident, driving under the influence of alcohol, and texting while driving in the death of Thomas Palermo.

Everything about this story is tragic beyond words: A loving husband and father of two is dead due to the actions of a leader in our church.

First and foremost, I express on behalf of all in the Episcopal Diocese of Washington our deep sorrow for Thomas Palermo's family, friends, and all who grieve his sudden, senseless death. Each of them is in our prayers. We also pray for Bishop Cook and her family, and for our friends in the Episcopal Diocese of Maryland; for Bishop Sutton and all diocesan leaders who are doing all they can to respond to this terrible situation. Our friends in the Diocese of Easton, where Bishop Cook served for many years, are also in need of our prayers.

As we gather in our churches for prayer this month, I urge all congregations in the Diocese of Washington to take up a special offering for the Palermo Children's Educational Trust.

In addition, I ask the bicyclists of our diocese to help me organize a community ride in the spring to benefit the Palermo family in solidarity with the cycling community in our region.

Moreover, I will soon call the clergy of the Diocese of Washington together for a day of reflection, prayer, and serious conversation about substance abuse, and the other serious issues raised for us as religious leaders by this tragedy.

May God be merciful to the Palermo family in their grief.

May God be merciful to Heather Cook as she bears the burden of her actions.

Faithfully,

The Rt. Rev. Mariann Edgar Budde, D.Min.

Bishop of Washington

Ash Wednesday is February 18th

The season of Lent begins with this Christian Day of Atonement. There are three opportunities to worship at Christ Church on Ash Wednesday, with services at 7:00 a.m., 12:10 p.m., and 7:30 p.m., each with the imposition of ashes. Hymns and choral music accompany the evening liturgy.

Inside Outreach

An update from the Christ Church Outreach Committee



The Outreach Committee meets the second Monday of each month at 7:30 p.m. in the Parish House. All are welcome to attend and learn more about the opportunities to live our faith through service to those who need us most. For further information, contact Rebecca Browning at rebecca.browning@verizon.net.

Community Ministries of Rockville

Community Ministries of Rockville (CMR) is a faith-based organization that seeks to improve the quality of life of the most vulnerable residents of Montgomery County. In support of its mission, CMR provides healthcare and mental health services to uninsured adults through the Mansfield Kaseman Health Clinic; offers emergency financial assistance through the Rockville Emergency Assistance Program (REAP); provides English as Second Language classes through its Language Outreach Program (LOP); offers home health care and home repairs to elderly Rockville residents; and provides transitional housing to formerly homeless men and women at Jefferson House and Rockland House. CMR also works with local legislators to keep the values of justice, fairness, and compassion in public decision-making.

Through the Outreach Committee, Christ Church provides monthly funding to CMR to support its direct service programs. Approximately twenty other congregations in the Rockville area contribute to CMR. Each member congregation has representation on the CMR Board of Directors.

Volunteer Opportunities at CMR

A complete list of current volunteer opportunities is available on CMR's website: http://www.cmrocks.org. For additional information, please contact Andrea Kempner-Wink, Director of Development and Volunteer Services, at 301-637-0172 or andreakwink@cmrocks.org.

Rockville Emergency Assistance Program (REAP)

Intake coordinator: Interview clients, assess their needs, and make referrals for services. Training is provided. Volunteers are asked to work a four-hour shift at least twice a month.

Housing Programs

Workshop presenter: Teach a life skill to CMR clients. Workshops about nutrition, budgeting, resume writing, basic handyman skills, negotiation, and researching resources are life skills that would be useful to residents.

Language Outreach Program (LOP)

Teaching assistants: Language and literacy classes are taught on Tuesday and Thursday nights at five locations in Rockville for 2.5 hours. Knowledge of a language other than English is not required. Must be 18 years or older; approved for SSL hours. Training is provided.

Elderly Ministries & the Safe and Habitable Home Project

Food deliveries: Pick up food from Manna Food Center and deliver to 3-6 of CMR's clients one day per month. Position requires a valid driver's license, working vehicle, and the ability to lift and carry 40 lbs.

Home repair: Help with simple home repairs for frail seniors.

Mansfield Kaseman Health Clinic

Spanish interpreter: Spanish/English speakers serve as liaisons between non-English speaking patients and medical staff. Volunteers must be 18 years or older and be able to work a 3-4 hour shift, at least twice a week.

Office assistant: Spanish/English speakers help answer phones, file, and assist with basic data entry on a part-time basis.

Samaritan Ministry of Greater Washington D.C.

"Whatever you did for one of the least of these brothers of mine you did for me"

The Bible reminds us in many places that we are to love our neighbor. We are all capable of helping others in need. Often we think of the story of the Good Samaritan when we think of helping others in need. Most Christians think of Samaritans as helpful, good people. However, those who heard Jesus' story thought of the Samaritans as neither neighbors nor good people. If a Samaritan could be your neighbor, so was everyone.

One important way in which we help our neighbors is by collaboration with the Samaritan Ministry of Greater Washington D.C. Samaritan Ministry is focused on addressing homelessness through promoting awareness, developing partnerships, breaking down barriers imposed by poverty, and by developing participants' abilities to help themselves lead better lives. Samaritan Ministry is working on long-term solutions to homelessness in the Washington, D.C. region.

In February, we will begin a toiletry drive for Samaritan Ministry, and collection baskets will be available in the church. You may be wondering why we are collecting toiletries. The homeless and desperately poor often have a very difficult time obtaining basic necessities beyond food that we take for granted and that are necessary for health and sanitary living. Consider the difficulty of finding a job or an apartment if you can't buy toothpaste or worse. Many are surprised to learn for example that it is against the law to buy soap or toothpaste with "Food Stamps" (Supplemental Nutrition Assistance Program). Please help by bringing items such as the following on Sundays this month:

- Soap (full bars preferred)
- Razors & Shaving Cream
- Moisturizers/Vaseline
- Deodorant (men's & women's)
- Female products
- Hand Sanitizer
- Body Wash
- Tooth Paste/Tooth Brushes/Floss
- Mouthwash
- Q-Tips
- 2 in 1 Shampoo & Conditioner

- Ziplock bags
- USB Drives (for resumes, essential documents, etc.)



Being clean is an important step to obtaining a job. Donating toiletries will help our neighbors take the next steps to escaping poverty and homelessness for good. To learn more about Samaritan Ministries of Greater Washington or our February toiletry drive, please contact Shona Bramble at bramsho@aol.com or Ben Shuman at benofwater@gmail.com.

Adult Forum

On February 1st, hear a report from our parish delegates as they reflect on their experiences at the 2015 Diocesan Convention, which focuses on the theme "Engaging a Changing World with an Enduring Faith in Jesus Christ."

Adult Forum Schedule for February 2015 10:15 a.m. to 11:00 a.m. Sundays in the Murdock Room

February 1: Report on 2015 Diocesan Convention

Hear a report from our parish delegates as they reflect on their experiences at the 2015 Diocesan Convention, which focuses on the theme "Engaging a Changing World with an Enduring Faith in Jesus Christ."

February 8: Bill Thompson on Spiritual Practices from St. Ignatius

Long-time parishioner Bill Thompson has been involved in learning and practicing Ignatian spirituality for a number of years. The Ignatian tradition was developed by Ignatius Loyola, the sixteenth century founder of the Jesuit Order, who is also a saint in the Episcopal calendar. Ignatian spirituality is designed for persons who are active in the world, and is practiced by many Episcopalians. This method requires that a person attend to, and be mindful regarding the character and impact of the nitty-gritty reality of daily life. A primary question is: "Are my thoughts, actions and behaviors leading me toward God or away from God?" One method of cultivating this attention is called the "Daily Examen" prayer, a daily (or more frequent) exploration with God about what I am thinking, saying, and doing, and how it does or does not connect me with my Creator. Bill will discuss this practice, and other aspects of Ignatian spirituality.

February 15: Michael Slater on The Modern Cosmological Argument for the Existence of God Michael Slater, parishioner and Assistant Professor in the Department of Theology at Georgetown University, returns with another engaging and incisive topic. Details to follow in bulletin wrappers and parish emails.

St. Francis Flock

"To honor God by being good stewards of God's creatures"

St. Francis Flock is launching into 2015 in perfect "v" formation! We extend a big "Thank You!" to the Bargain Box for donating \$400 to Chompers Pet Food Bank (Animal Welfare League of Montgomery County) and \$400 in outreach donations to the Montgomery County Partners for Animal Well-being (MCPAW).

Flying forward, the Flock hospitality team will assist with the following upcoming parish socials:

- Shrove Tuesday Pancake Dinner: Provide vegetarian sausages as an option
- Movie nights during Lent: Provide at least one vegetarian dish as an option.

Flock Features: MCPAW's "Spay it Forward"

Right in our own backyard – MCPAW's new *Spay it Forward* campaign is destined to make a national impact for God's creatures! *Spay It Forward* will be a high visibility, national model campaign that will deliver free spay/neuter and free microchipping service to cats and dogs owned by residents of Montgomery County without regard to income level. The *Spay it Forward* campaign has the potential to greatly reduce the number of animals entering the Montgomery County Animal Services and Adoption Center, reduce the euthanasia rates at the shelter, and increase the number of pets being returned to owners when lost. MCPAW suggests an affordable way to support the program: Every citizen donate \$1.

For more information on Spay it Forward, please go to http://www.mcpaw.org



"I will remember my covenant which is between me and you and every living creature of all flesh."

Genesis 9:15

All who feel called to expand the circle of compassion, please join us!

Parish Ministry and Fellowship – Eva Lin (301) 279-2785 and Barbara Hunt-Wolper (301) 762-1396 Education, Communications, Internal Coordination – Lori Nicely (703) 869-9572 Community Outreach – Debbie Thompson (301) 762-3164

Newcomers Corner

Julia Van De Wille

Julia Van De Wille began attending Christ Church about a year ago, not long after moving to Rockville. Julia was brought to Rockville by her job as an account executive at the Novick Group, an insurance agency specializing in insurance for non-profits.

Julia's husband, Hugo, is a retired engineer originally from Belgium. Her daughter, Kathleen, is a graduate student in English literature at Boston College.

Born in Texas, Julia has lived all over the country, from New England to the Midwest, as well as abroad in Belgium. Prior to their move to Rockville, Julia and her family lived in Baltimore.

Welcome to Christ Church, Julia!



Christian Faith

Adult Studies in Christian Faith

The Studies in Christian Faith class meets each Sunday at 9:00 a.m. in the Parish House. Please join us for lively discussion, prayerful interaction, good food, and laughter!!

The Studies in Christian Faith class will begin reading and discussing *The Protestant Reformation: The Best One-Hour History* by Robert Freeman. All are welcome!

If you have any questions about this Adult Formation class, please contact the church office or Fran Palmer at 301 874-1086.



New Acolytes to be Installed

Please join us at the 9:00 a.m. service on Sunday, February 8th, when Fr. McDuffie will install this year's class of new acolytes. This is the one service in the year when we try to get all of the acolytes to attend. The new acolytes participated in a 7-week training program in the fall on liturgy and church history, as well as covering the mechanics of serving as we practice it at Christ

Church. During the service, the new acolytes will be vested with white cottas and receive a simple wooden cross on a black ribbon which will be worn during their first year of service. Here at Christ Church, the ribbons on the crosses change to indicate how many years an individual has been an acolyte: 2^{nd} year – purple; 3^{rd} year – green; 4^{th} year – blue; 5^{th} year – red. Acolytes who have served for 6 years receive a silver cross.

This year, four acolytes will be awarded six-year crosses: Chad Griffiths, Jack Jackson, John Lynch, and Julie Renfroe. We are fortunate to have 5 new people to install – Antonia Frater, Jacob Herzog, Max Maust, Price Nguyen, and Luke Yeatman, who take their place with the veteran acolytes.

We invite you all to attend this service to give your welcome and support to this great group of people.

Bob James, Acolyte Master

Pastoral Care

Pastoral Care offers a prayer of healing:

God our Father, walk through my house and take away all my worries and illnesses, and please watch over and heal my family in Jesus' name. Amen

Environmental Stewardship

Did You Know?

Your Environmental Stewardship Committee offers a prayer for awareness and service:

Heavenly Father, you have "...put precious things into our hands..." Grant us the ability and willingness to honor and preserve these gifts of your creation. Amen



THANK YOU!

Thank you to everyone who donated clothing, books, housewares, toys, and other items to the Bargain Box in 2014. Keep the donations coming in 2015. We depend on your donations for our business. Since we don't have pick up or drive-thru service like some of the bigger thrift stores we especially appreciate the extra time & effort it takes for you to bring your donations to us.

The Bargain Box Cooks

Plan a Valentine's Day special "pink" event. "The Bargain Box Cooks" cookbook has many delicious and easy recipes and you can pick one up at store during the week. Cost is \$10 for \$9, cash or check.



the or 2

"Pink Poodles" (p. 12) go down easy and are perfect for a Girl's Night with your friends. Or try "Precious Pink Punch" (p. 12) for a non-alcohol treat.
"Aunt Sylvia's Cabbage Borscht" (p. 16) "Marinated

"Aunt Sylvia's Cabbage Borscht" (p. 16), "Marinated Cherry Tomatoes" (p. 37), and "Cardinal Salad" (p. 39) are a healthy interlude before finishing off with "No Crust Cherry Cheesecake" (p.97), "Tomato Soup Cake" (p. 103), "Peppermint Ice Cream Pie" (p. 106), "Strawberry Pie" (p. 107), or "Raspberry Cream Cheese Pie" (p. 107) to complete the menu.



OUTREACH SUNDAYS 3rd Sunday of each month

Look for the Bargain Box in the dining room during Coffee Hour the third Sunday of each month. Volunteers can tell you about the mission & history of the store, and how you might donate your time, talents, and treasures. Books, toys and other fun stuff will be for sale. Cash & checks accepted. Raffle tickets are \$2 each of 3/\$5 and the theme for February is "Heart Health." Be sure to shop with us on February 15 because there will be no sale in March during Lent.

Snow Policy



The Bargain Box follows the Montgomery County Public Schools bad weather closing policy. If Montgomery County Public Schools are closed, the Bargain Box will be closed. However, our primary concern is

the safety of our volunteers and customers, so even if the schools are open, the Bargain Box may be closed due to the condition of the parking lots or roads. We will try to post our closings on the web site and Facebook and to our email list in a timely fashion, but if you have a question, call 301-762-2242.

Volunteer in Your Community in 2015

Did we mention earlier that we are an all-volunteer organization? That's right. There are NO PAID STAFF to operate the Bargain Box. Are you looking for something worthwhile to do in your

community for a few hours a month? Do you need SSL hours for school? Consider volunteering for a front-desk shift at the Bargain Box. We can particularly use people on Saturdays for a 3 &1/2 hour shift, either morning or afternoon.

The Bargain Box Thrift and Consignment Shop

An Outreach Ministry since 1957
398 Hungerford Drive, Rockville 20850
301-762-2242

Monday - Saturday, 10 am - 4:30 pm Donna Wolohojian, Manager

Email: bargainbox@cecrockville.org

On the web: www.bargain-box.org

Follow us on Facebook:

www.facebook.com/BargainBoxRockville

All our profits fund outreach projects in the community and diocese.

February 2015

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8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28



FEBRUARY 2015 WEEKLY SCHEDULE

Regular Schedule Services at 7:45, 9:00 & 11:00am

7:45 AM Holy Eucharist Rite I a spoken service with Sermon

9:00 AM Holy Eucharist Rite II with Sermon, Service Music, Hymns, and Anthems Choristers of Christ Church

9:00 AM Children's Church – Murdock Room a service for children, using a story-telling theme with music for young children. 9:00-9:30am

11:00 AM Holy Eucharist, Rite I with Sermon, Service Music, Hymns, and Anthems Christ Church Choir

ACTIVITIES AND MEETINGS

8:25 AM Choristers Warm Up – Choir Room & Church

9:00 AM Studies in Christian Faith (led by Fran Palmer-Hill)

10:10 AM Adult Forum – Murdock Room

10:15 AM Sunday School – Classrooms Preschool-7th Grade

10:15 AM Holy Communion Class – Classrooms

10:15 AM Choir Rehearsal – Choir Stalls

10:15 AM Coffee Hour – Dining Room

1:00 PM Korean Service - Chapel

REGULAR WEEKLY ACTIVITIES

Monday

7:00 PM English Conversation Practice (DR)

Tuesday

9:00 AM Staff Meeting (PH)

Wednesday

11:00 AM Bible Study (PH LR)

12:10 PM Holy Eucharist Rite II (Church)

8:00 PM Korean Congregation Prayer Group (CES DR)

Thursday

12:00 PM AA (PH)

4:30 PM Chorister Rehearsal (Church)

7:30 PM Choir Rehearsal (Church)

OTHER PARISH EVENTS

(Date/Event/ Time/ Location)

2
3 Pastoral Care Committee Meeting **7:30pm** (PH LR)
4
5

6 7

Faithful Professionals Meeting **10:15am** (PH LR) Youth Group **12:30-4pm** (CEC DR) Holy Eucharist at Rockville Nursing Home **1:30pm**

9 Outreach Committee Meeting **7:30pm** (PH DR)

10 The Angelus Submission Deadline

Adult Christian Formation Meeting **7:30pm** (PH LR)

11 12

Kid's Night Out 6-10pm RSVP Required! 301-762-2191 x15
 Adult Supper Club 7:00pm (Home of Ellen van Valkenburgh)

15 "MANNA" Sunday (Third Sunday of each month) Loaves & Fishes carpool 10:15am (leave from Church) SOS - Serving Others Sunday Outreach Project 10:15am (CEC DR) Youth Group 3-6pm (CEC DR)

Jazz Vespers **5:00pm** (Church)

16 Presidents' Day (office closed) Dine & Deal **6:30pm** (MR)

17 Shrove Tuesday

Shrove Pancake Dinner & Mardi Gras Celebration **5:30pm** (MR, DR) Pastoral Care Committee Meeting **7:30pm** (PH LR) *The Angelus* Printing

18 Ash Wednesday

Holy Eucharist & Imposition of Ashes **7:00am** (Church) Holy Eucharist & Imposition of Ashes **12:10pm** (Church) Holy Eucharist & Imposition of Ashes **7:30pm** (Church)

 19 Annual CEC Kitchen Cleaning – Kitchen Closed *The Angelus* Assembly
 20

21 22

Faithful Professionals Meeting 10:15am (PH LR)

23 24 25

Vestry Meeting **7:30pm** (PH LR) Holy Eucharist at Collingswood **2:30pm** (Rockville)

26 27 28

KEYCEC = Christ Episcopal Church
PH = Parish House
CES = Christ Episcopal School

LR = Living Room K = Kitchen
DR = Dining Room N = Nursery
MR = Murdock Room YR = Youth Room

Youth Group 8 You Sunday, February 8





Make Lunch and a Movie

Friends are welcome, Bring \$3 to cover!

Questions?
Mrs. Craig at 301-762-2191 #15 or mcraig@cecrockville.org



Kid's Night Out

AKA - Date Night, Movie Night or Valentine's Dinner for Two?

Saturday. Feb 14th

6 - 10:00 pm

Simple Dinner* & Playtime, Stories, Movies & Fun Bring your favorite PJ's & Blanket



RSVP - 301/762-2191 #15 or mcraig@cecrockville.org

Space is limited - make your reservations ASAP.

*Dinner provided will be Cheese Pizza, Mac & Cheese, Fruit Slices, Jello, Carrot Sticks with Ranch Dressing, Vanilla Ice Cream with Sprinkles, Milk & Apple Juice.

Youth Group & Mrs. Craig are the care providers! For all CEC children ages 6 months to 8 years old



Christ Episcopal Church

Shrove Tuesday

Pancake Dinner
Mardi Gras Celebration
Live JAZZ Music

TUESDAY, FEBRUARY 17

5:30 - 7:30 PM

MARDI GRAS (TRANSLATED FROM THE FRENCH,
IT MEANS "FAT TUESDAY") IS A TRADITIONAL
"LAST-CHANCE BLOWOUT" BEFORE LENT.
IT WAS USED AS A TIME TO EMPTY THE KITCHEN
OF ALL FATTENING AND RICH FOOD BEFORE
ASH WEDNESDAY, THE FIRST DAY OF LENT.
THUS, PANCAKES, SYRUP, TOPPINGS, SAUSAGE, AND APPLESAUCE
ARE A SHROVE TUESDAY TRADITION.

BRING FRIENDS, FAMILY & NEIGHBORS —
IT'S A GREAT TIME TO INTRODUCE SOMEONE
TO ONE OF OUR BEST TRADITIONS!



\$4 FOR CHILDREN UNDER 15
UNDER 4 FREE
\$8 FOR ADULTS OR \$25 FOR A FAMILY
WHAT A DEAL!
NO ADVANCE PURCHASE NEEDED.

ALL DONATIONS
BENEFIT YOUTH MINISTRIES!

Christ Episcopal Church 107 So Washington Street Rockville, MD 20850 301/762-2191



Notice For Parents of

Children seeking participation in the Holy Communion Class,

One Sunday you stood, with family and friends, at a baptismal font presenting your child for Baptism. Now your child is ready to join other baptized Christians around the altar at Holy Communion understanding the sacrament of communion.

Your child has grown and learned in many ways. The sense of curiosity and wonder leads into the awareness of God. You were the first to offer religious education to your child. You taught your child to pray – to thank God for the joys of life and to ask for help in the times of trouble. You taught your child to love God and to act lovingly toward other people. You and your child know what it is to worship with the whole community of Christ Church. The children in the Holy Communion Class will be learning both to understand and to respond to the Celebration of the Eucharist. Just as your family enjoys gathering around the dinner table at home, your child will learn the joy that is found in gathering around the Table of the Lord.

Holy Communion Instruction class will be offered during regular Sunday school time beginning on Sunday, February 1, 2015. The students will be mentored by Mrs. Fran Hill, our wonderful and very experienced Communion Class Instructor. The class will include an Outreach project, Family Seder Meal, Bread Making session and an Instructed Eucharist with parents and Clergy. Class recognition will be held for the CEC Community on Sunday, May 10th during the 9am service followed by a celebratory social hour for all.

The whole parish works and prays with you and your family during this special time in your child's religious education.



Blessings of Joy! Michele Craig Director of Children's Ministries 301/762-2191 ext. 15 mcraig@cecrockville.org

Please see attachments for class information, registration forms & schedules.