

The Angelus

January 2016



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The **Angelus** is published 10 months a year.
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From the Rector



Fr. McDuffie

Are you a member of Christ Church?

Dear Friends in Christ,

I'm writing my January greeting to you just a couple of days after our Welcoming Committee had a delightful reception for all newcomers to our church. I want to thank all of you who attended, old and new alike – from my perspective, there was a warm and welcoming glow in the Murdock Room that morning!

The reception served to remind me that each year in January, the rectors of all Episcopal churches receive a directive from the National Church and their respective dioceses to complete a form that is called the Parochial Report. The Report is a summary of data on membership, the number of services conducted during the previous year, the average Sunday attendance, the number of private Eucharists observed, the financial status of the congregation, and other matters as well.

I must tell you that the most challenging part of the Report for me each year is the membership category. We are required to count all persons who are active (i.e., they show up at church at least three times a year) baptized members of the congregation. We are also supposed to report all communicants in good standing “who have been faithful in corporate worship...and in working, praying, and giving for the spread of the Kingdom of God.” (from the Constitution and Canons of the Episcopal Church). We also report the number of other persons whose baptisms are not recorded in the Parish Register, or in another Episcopal congregation. The confusing part of all of this is that we have some faithful, active, contributing parishioners at Christ Church who, strange as it may sound, are not actually members of the church! This becomes painfully revealed each year at our Parish Annual Meeting, when a list of members eligible to vote at the Meeting is published, and certain people discover to their surprise and disappointment that they are not included on the list. How do you become a member of Christ Church? You are a member if you were baptized at this church and never transferred your membership to another congregation. You are a member if you were baptized at another Episcopal church or other Protestant church, and formally arranged to have your membership transferred to us. You are a member if you were formerly Roman Catholic or Orthodox, or a member of a non-American church in the world-wide Anglican communion, and were made a member by declaration – meaning that you presented a certificate of your baptism to us. You are a member if you were baptized in a different church and are confirmed or formally received into our fellowship by the Bishop.

If you have never done any of the above, you are technically not a member of our church –even if you show up every Sunday, and contribute financially and in our life of ministry. I wish this were all simpler, but those are the rules, according to our church canon law.

There is good news, however. We stand by to help you in any way we can to help you formally process your membership at this church. Please contact Judith Schneider in the office if you have a question about membership (jschneider@cecrockville.org, or 301-762-2191), and we will help in any way we can. You can help us if you've come from another church by being sure to tell them that you have left, and to arrange a letter of transfer. And in the coming months, I will lead a Saturday morning class for three weeks in order to prepare adults and older teens that would like to prepare for baptism, confirmation, or reception – those dates will be announced soon. This might well be a new year in which we can together work on what I will call “the membership project”. Please also know that we have a new brochure on membership, which covers the basic information shared in this letter.

Finally, I'd like to mention that we were just notified of a small bequest coming to our church from the estate of a recently deceased parishioner. As we begin a New Year together, it is timely to ask yourself the question: have I remembered Christ Church in my will? If you love this church, you can leave a gift that keeps on giving after you have departed this life. We're always grateful for the generosity and thoughtfulness of our friends as they remember us.

May you each have a happy and healthy New Year!

Faithfully in Christ,

John+

Adult Forum

Adult Forum Schedule for January 2016

10:15 a.m. to 11:00 a.m.

Murdock Room

Date	Speaker	Topic
January 3 <i>2nd Sunday Christmas</i>	No Forum	No Forum
January 10 <i>1st Sunday Epiphany</i>	Mark Wright Summer Harding Fran Palmer	Lenten Devotional Booklet 2016
January 17 <i>2nd Sunday Epiphany</i>	SOS	SOS
January 24 <i>3rd Sunday Epiphany</i>	Reception	CES Sunday
January 31 <i>4th Sunday Epiphany</i>	Diocesan Representatives	Diocesan Convention 2016 Report

Save the Date!

On Sunday, January 10th, Adult Forum will host a Lenten Devotional Writing Workshop at 10:10 a.m. in the Murdock Room. Please join us!

Lenten Devotional Early Sign-up

Oohhhh...the Ghost of Lenten Future bids you Advent greetings. Lent comes earlier in 2016, so sign-ups for Lenten devotional writers are starting now. Sign-up posters are in the narthex, oratory and dining room, respectively, for your convenience. When you provide your name and contact info on one of the posters, the Adult Formation Committee will follow up with instructions. An optional (but recommended) workshop is planned for the Sunday, January 10 adult forum. Devotional essays will be due January 17.

Worship

Additional Altar Guild Members Needed

You have probably not given much thought to how bread and wine appear for our worship services, how the stack is assembled, or what's involved in getting the candles to burn well. Now is your opportunity to learn and participate in the process. Altar Guild needs YOU. We are a small group of about 17 volunteers, women and men of all ages, who serve on a crew of three for two weeks at a time. We prepare for all services including regular Sunday worship, the Wednesday healing service, baptisms, weddings, funerals, and school holy communion.

If you are interested in providing a valuable service to our church community, learning new things, working behind the scenes, and meeting other fine volunteers, or would like to know more about what Altar Guild does, please contact Anna Von Arx at 301-838-9284 or advonarx@comcast.net

Current active Altar Guild members are: Cheryl Burruss Renfro, Michelle Dawson, Doug Dawson, Connie Heister, Denise Jay, Sally Jones, Moss Kendrix, Eva Lin, Karen Mulzac, Khalisa Phillips, Steve Sells, Mie Shukutani, Gwen Snowden, Anna Von Arx, Linda Wright, Alice Yator and Sheryl Zwierski. Any of us will be happy to answer your questions.

Christian Faith

The Studies in Christian Faith class meets in the Parish House each Sunday morning at 9:00 a.m. Please join us in this adult class for the review and discussion of current theological and philosophical topics. We are currently reading and discussing Karen Armstrong's book *Fields of Blood: Religion and the History of Violence*; Alfred A. Knoff, publisher, 2014.

St. Francis Flock

St. Francis Flock will resume its monthly meetings in January. The Flock wishes everyone and their beloved animal companions a safe and happy holiday season!

Sincerely,
St. Francis Flock Animal Welfare Ministry members:

Carolyn Cole, Ruth Hanessian, Eva Lin, Meghan Matulka, Holly McNeil, Lori Nicely, Reenie Prettyman, and Debbie Thompson.

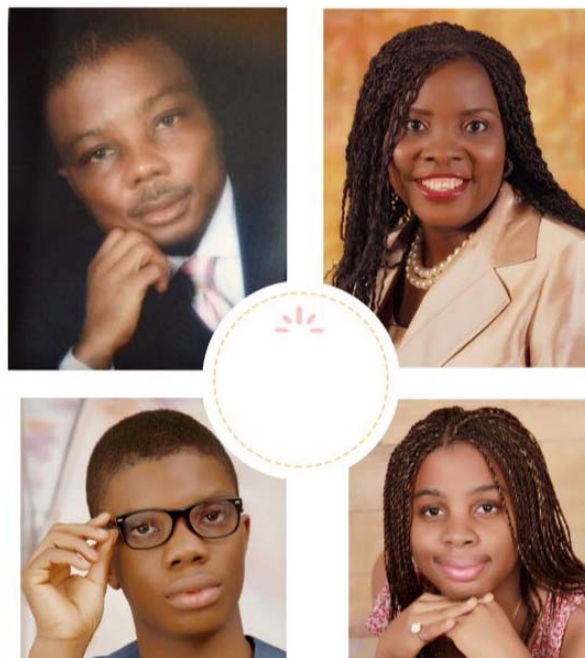
Newcomer Corner

The Osuigiwe Family

Ezzie Osuigiwe and her children, Ugonnia (age 17) and Chidera (age 15), moved to Rockville in July of 2014, and joined Christ Church shortly thereafter. Ezzie is an attorney and Nigerian diplomat. She is posted to the United States for three years on a diplomatic mission, following assignments in France and Nigeria. Ezzie's husband, Osy, is also an attorney. He is able to visit the family here in Rockville several times a year, and Ezzie and the children try to return home to Nigeria once each year.

Ugonnia and Chidera, both students at Richard Montgomery, have become active members of the youth program at CEC, attending youth group and participating in outreach ministries. They have also recently trained as acolytes. Ezzie says they chose Christ Church because they found it to be a place that preaches practical Christianity, and where you feel like you are 'with children of God.'

Welcome to Christ Church, Ezzie, Osy, Ugonnia and Chidera!



Inside Outreach

An update from the Christ Church Outreach Committee

Matthew 11:28: Come unto me all you that are weary and are carrying heavy burdens, and I will give you rest.

Diocesan Hunger Fund

What do breakfasts at Charlie's Place and Kwanzaa Kitchen; lunches at Loaves and Fishes; dinners at Shepherd's Table; and bags of groceries from Seabury Resources for the Aging; and the We Are Family Senior Outreach Network all have in common? Here's the answer: They are all prepared with food funded this year in part by the Hunger Fund of the Episcopal Diocese of Washington. These and many other programs funded by the Diocesan Hunger Fund provide groceries and meals to people who would go to bed hungry without them.

Our Diocesan Hunger Fund was established in the mid-1970s under Bishop Walker with the purpose of providing financial assistance to organizations combating hunger within our Diocese. Forty years later, it is still dedicated to that task. Since January 2009, eighteen organizations have received a total of almost \$80,000 from the Hunger Fund in the form of grants ranging from \$750 to \$5,000. Grants are approved only when there is assurance that the funds will be used for the purpose of purchase of food. A member of the Diocesan Hunger Fund Committee is assigned as a monitor for each grant.

Christ Church supports the Hunger Fund in a number of ways. For the past several years, the youth group has hosted the annual fundraising Hunger Walk at Lake Needwood for the Fund. In addition, Father McDuffie has put on a Jazz Vespers to raise money for the Hunger Fund. The Outreach Committee makes an annual grant to the Fund out of its regular budget, and Rebecca Browning sits on the Hunger Fund Committee as a representative for Region 4. As you can see, the Diocesan Hunger Fund truly is our fund and our opportunity to join with the rest of the Diocese in meeting a need that, sadly, is still real after forty years.

The Outreach Committee meets the second Monday of every other month at 7:30 p.m. in the Parish House. The next meeting will be Monday, November 9th. All are welcome to attend and learn more about the opportunities to live our faith through service to those who need us most. For further information, contact Rebecca Browning at reebrowning@verizon.net.

Pastoral Care

CALL FOR SPARE CALENDARS

Our Pastoral Care Committee is collecting extra 2016 calendars, Forward Day by Days, In Touch Ministries, The Upper Room, etc. to give to those in prison. Please remove any personal information such as name & address from the publications, bring them to Church, and place them in the dark green basket marked "Prison Ministry" in the window of the coat room. *Thank you.*

Booktalk



ATTENTION POETRY LOVERS! On Monday, January 11, 2016, at 1:00 PM in the Dining Room of the Parish House, **Booktalk** will hold its very popular Poetry Reading. We would love to have you join us to share two or three of your favorite short poems with the group. We are looking forward to seeing you there.



Epiphany Crafts and Fellowship



Sunday, January 3

10:15 – 11:30am

CEC Dining Room

**Fun for ALL Ages
& Abilities!**

398 THRIFT SHOP THE BARGAIN BOX

Didn't get what was on your list for Christmas?
Console yourself by checking out the merchandise at
the Bargain Box.



One of the most encouraging things
about new years, new weeks, and new
days is the word "New."

Come Before Winter, p. 141

Ate a little too much over the holidays and
need to cut back? Try this delicious,
healthy, and low calorie main course.
Baked Tilapia with Tomatoes & Olives

6 Tilapia fillets
Salt to taste
 $\frac{1}{2}$ cup extra-virgin olive oil
4 sprigs fresh thyme
3 tomatoes, peeled, seeded & chopped
 $\frac{1}{2}$ cup coarsely chopped green olives
 $\frac{1}{4}$ teaspoon dried hot red pepper flakes
2 garlic cloves, minced
 $\frac{1}{2}$ cup finely chopped red onion
1 tablespoon fresh lime juice

Lightly oil a shallow baking dish large enough to hold
fillets in one layer. Line fillets skin side down. Salt
as desired. In a bowl, combine olive oil, thyme,
tomatoes, olives, pepper flakes, garlic, onions and lime
juice. Spoon tomato mixture over fillets. Bake
uncovered at 400° in middle rack of oven for 15-20
minutes, or until fish flakes.

There are lots more delicious recipes like this one in
THE BARGAIN BOX COOKS. Cost is \$10 or buy 2
or more for \$9 each, cash or check.

The ideal gift is...**yourself**. Give an hour
of your time. Give a note of
encouragement. Give a hug of
affirmation. Give a visit of mercy. Give a
meal you prepared. Give a word of
compassion. Give a deed of kindness.

The Quest for Character, p. 177

The Bargain Box Thrift and Consignment Shop

An Outreach Ministry since 1957

398 Hungerford Drive, Rockville 20850

301-762-2242

Monday - Saturday, 10 am - 4:30 pm

Donna Wolohojian, Manager

Email: bargainbox@cecrockville.org

On the web: www.bargain-box.org



Follow us on Facebook:

www.facebook.com/BargainBoxRockville

**All our profits fund outreach projects in the
community and diocese.**

Movie & Game Marathon Lock-in & Day of Service! Youth Group

January 17-18

7pm - 1pm



Meet in the Dining Room.
Bring \$10 & a sleeping bag along
with your favorite funny movie or game!

Monday is a Day of Service - working to benefit others.

RVSP by Jan 10 mcraig@cecrockville.org



*During the Season of Epiphany
we invite you to contribute
New Hats & Mittens
for needy children & adults
during the season of Epiphany!
(Jan. 6 - Feb. 9)*



*Please put your donations on the Collection Trees
located in the Dining Room and in the Church.*

*Thank you
for helping local friends in need!*





*Your prayers and presence
are requested*

The People of Holy Trinity Episcopal Church invite you to share in

The Celebration of New Ministry
of

The Reverend George C. Wong

As the 17th Rector of Holy Trinity Episcopal Church

Saturday

The Twenty Third of January

In the year of Our Lord Two Thousand and Sixteen

At 10 o'clock in the morning

The Right Reverend William Stokes, Bishop of the Diocese of New Jersey, presiding

A brunch reception will immediately follow.

PLEASE RSVP
BY JANUARY 15TH
DIANNE
HTECOC@COMCAST.NET

CLERGY:
CASOCK, SURPLICE, AND
RED STOLE

Holy Trinity Episcopal Church

2998 Bay Avenue

Ocean City, New Jersey

January 2016

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						



JANUARY 2016 WEEKLY SCHEDULE

Regular Sunday Schedule Services at 7:45, 9:00 & 11:00am

7:45 AM Holy Eucharist Rite I
a spoken service with Sermon

9:00 AM Holy Eucharist Rite II
with Sermon, Service Music, Hymns, and Anthems
Choristers of Christ Church

9:00 AM Children's Church – Murdock Room
a service for children, using a story-telling theme with music
for young children. 9:00-9:30am

11:00 AM Holy Eucharist, Rite I
with Sermon, Service Music, Hymns, and Anthems
Christ Church Choir

Nursery 8:45am – 12:15pm *for infants and toddlers*
6 months to 4 years old

ACTIVITIES AND MEETINGS

8:25 AM Choristers Warm Up – Choir Room & Church

9:00 AM Studies in Christian Faith (*led by Fran Palmer-Hill*)

10:10 AM Adult Forum – Murdock Room

10:15 AM Sunday School – Classrooms Preschool-7th Grade

10:15 AM Choir Rehearsal – Choir Stalls

10:15 AM Coffee Hour – Dining Room

12:45 PM Korean Worship Service – Chapel

2:10 PM Korean Congregation Coffee Hour – Parish House

REGULAR WEEKLY ACTIVITIES

Monday

7:00 PM English Conversation Practice (CEC DR)

Tuesday

9:00 AM Staff Meeting (PH)

Wednesday

11:00 AM Bible Study (PH LR)

12:10 PM Holy Eucharist Rite II (Church)

8:00 PM Korean Congregation Prayer Group (CES DR)

Thursday

12:00 PM AA (PH)

4:30 PM Chorister Rehearsal (Church)

7:30 PM Choir Rehearsal (Church)

OTHER PARISH EVENTS

(Date/Event/ Time/ Location)

- 1 New Year's Day (*office closed*)
- 2
- 3 Epiphany Crafts for ALL **10:15am** (DR)
- 4
- 5 Pastoral Care Committee Meeting **7:30pm** (PH LR)
- 6
- 7
- 8
- 9 Youth Group Mission Trip Meeting **10:00am** (YR)
Adult Supper Club **7:00pm** (home of Nancy Small)
- 10 Faithful Professionals Meeting **10:15am** (PH LR)
Holy Eucharist at Rockville Nursing Home **1:30pm**
St. Francis Flock Meeting **4:00pm** (PH LR)
- 11 Booktalk - Annual Poetry Reading **1:00pm** (PH LR)
Outreach Committee Meeting **7:00pm** (PH DR)
Welcoming Committee Meeting **7:00pm** (PH LR)
- 12 *The Angelus* Submission Deadline for the February 2016 issue
Adult Christian Formation Committee Meeting **7:00pm** (PH LR)
- 13
- 14
- 15
- 16 Memorial Service for Bo Ritter **11:00am** (Church)
- 17 "MANNA" Sunday (*Third Sunday of each month*)
Loaves & Fishes carpool **10:15am** (leave from Church)
Bargain Box Outreach Table (DR)
SOS - Serving Others Sunday **10:15am** (CEC DR)
Youth Group Lock-In & Day of Service **7:00pm** (YR)
- 18 Martin Luther King Day (*office closed*)
Youth Group Service Day **9am-1pm** (Rockville)
Dine & Deal **6:30pm** (MR)
- 19 *The Angelus* Printing
Pastoral Care Committee Meeting **7:30pm** (PH LR)
- 20
- 21 *The Angelus* Assembly
- 22 Christ Episcopal School Open House **9:00-11:00am**
- 23
- 24 Church Ice Skating Party for Everyone! **6:00pm** (Town Center)
- 25
- 26 Vestry Meeting **7:30pm** (PH LR)
- 27 Holy Eucharist at Collingswood **2:30pm** (Rockville)
- 28
- 29
- 30 Diocesan Annual Convention
- 31 Sophia House Shelter Meal **5-8pm** (Church/Shelter)

KEY

PH = Parish House

LR = Living Room

DR = Dining Room

MR = Murdock Room

CEC = Christ Episcopal Church

CES = Christ Episcopal School

K = Kitchen

N = Nursery

YR = Youth Room

Ice Skating Party

Sunday, January 24

6:00 – 8:00 PM

Join us for an evening of
Ice Skating, Hot Cocoa & Snacks
Bring \$7.00, Warm Clothes & Gloves

Meet at the Rockville Town Center*
Friends are welcome!



RSVP by Jan 20
301/762-2191 #15
mcraig@cecrockville.org

THIS IS A CHURCH EVENT FOR EVERYONE!

www.rockvilleiceskating.com/findusonthemap