

# *The Angelus*

March 2020



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The **Angelus** is published 10 months a year.  
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## From the Rector

### **The Tenacious Ten**

My dad put up with a lot as the father of three girls. Maybe that is why he put in a primitive bath in our primitive unfinished basement. But we put up with war movies – like *The Bridge on the River Kwai* and *The Guns of Navarone*, which we must have watched each at least a dozen times. And of course there was his favorite, *The Dirty Dozen*. Today, I want to talk to you about The Tenacious Ten. Spoiler alert: they are not a scrappy band of GIs fighting the Nazis.

So what *are* the tenacious ten, you ask? They are ten letters that I understand can make so many people nervous. This is perplexing to me, because they are the ten letters that serve as the foundation of our commitment to bringing, and being, Christ in this world. As Teresa of Avila so aptly put it,

*Christ has no body but yours,  
No hands, no feet on earth but yours,  
Yours are the eyes with which he looks  
Compassion on this world,  
Yours are the feet with which he walks to do good,  
Yours are the hands, with which he blesses all the world. ...*

The poem's title in English is "Christ Has No Body." What if we were to play with that a little? What if the title was "Christ Has Nobody"? Now, we know that isn't true, because you are reading these words and Christ has at least a loose hold on you. Christ has all of us. But I wonder if seeing the words "Christ has nobody" gave you pause for concern? It gave me more than pause for concern; it gave me a sick feeling in my stomach.

Our Presiding Bishop, The Most Reverend Michael B. Curry, is leading the Episcopal Branch of the Jesus Movement, <https://episcopalchurch.org/jesus-movement>. Hopefully you've heard of it. He explains:

"The Jesus Movement is the ongoing community of people who center their lives on Jesus and following him into loving, liberating and life-giving relationship with God, each other and creation. Together, we follow Jesus as we love God with our whole heart, soul and mind and love our neighbors as ourselves (Matthew 22:36-40) and restore each other and all of creation to unity with God in Christ (BCP, p. 855)."

Oh yeah, Christ has Some Bodies. We are those bodies, wherever our lives take us. We are living into the Gospel, living and breathing. Friends, that is preaching. We can and do preach it in all sorts of ways, spreading the message and teachings of Christ.

The Tenacious Ten is a word that strikes fear into the hearts and minds of many. But, it is only about living into our commitment as Christians. Did you know that we all are ministers of the church? Go back to page 855 in the Book of Common Prayer. You will notice that lay persons are listed *before* bishops, priests, and deacons as the ministers of the church.

Now, I suspect you aren't dying of suspense to know what the word is, because you probably read ahead. That is what I would have done. But, if you didn't read ahead, here is

a hint to that tenacious ten-letter word: It begins with an E and ends with an M. There is an angel in between. And, the angels boldly live into their call to preach about Jesus in word and deed.

I know that there are angels among us.

- The Reverend Lisa Zaina

## Inside Outreach



### **An Update on the Christ Church Outreach Program**

*“Cleanse me with hyssop, and I will be clean; wash me, and I will be whiter than snow.”  
Psalm 51:7*

One of the important programs of Community Reach of Montgomery County (formerly Community Ministries of Rockville) is the Mansfield Kaseman Clinic whose mission is to provide health care to low-income adults in our community who do not have health insurance or are covered under Maryland Medicaid. Finding affordable, quality, and culturally appropriate medical care can be a daunting task, but when one is dealing with health concerns at the same time, that task can be insurmountable. The Kaseman Clinic offers that medical service with caring primary care providers and specialists in Behavioral Health, Endocrinology, Gastroenterology, Gynecology, and Podiatry.

As part of Christ Church’s support of Community Reach, along with direct financial assistance, we will hold a drive during March to help provide supplies for the clinic. The box for supplies will be in the dining room from March 1<sup>st</sup> through March 31<sup>st</sup>. For more information contact Emily Correll (301-279-7528).

The most needed supplies are:

- |                                |                      |
|--------------------------------|----------------------|
| - Tall Kitchen Trash Bags      | - Paper Plates       |
| - Small Garbage Bags           | - Paper Cups         |
| - C-Fold Paper Towels (#2 Box) | - Plastic Ware       |
| - Paper Towel Rolls            | - Bottled Water      |
| - Antibacterial Hand Soap      | - Napkins            |
| - Hand Sanitizer               | - Disinfecting Wipes |
| - Scouring Powder              | - Windex             |
| - Facial Tissue                | - Bleach             |
| - Toilet Tissue                | - Pine Sol           |
| - Lysol Toilet Bowl Cleaner    | - Dishwashing Liquid |

*The next regular committee meeting will take place on Wednesday, March 4<sup>th</sup> from 7:30 p.m. – 8:30 p.m. in the Parish House beside the church. All are welcome to attend and learn more about the opportunities to live our faith through service to those who need us most. For further information, contact Ben Shuman at [benofwater@gmail.com](mailto:benofwater@gmail.com).*



CHRIST  
EPISCOPAL  
SCHOOL

## Christ Episcopal School

*Invites you to*

### ***“The 529 Plan for K-12 and College Funding”***

Tuesday, March 10<sup>th</sup> at 7:00 p.m.

Church Building, Murdock Room

109 S. Washington Street, Rockville MD 20850

*What is a 529 plan?*

*Does it make sense for my family to choose a Maryland plan?*

*How can my family use 529 account funds?*

*What is the impact of a 529 account on financial aid and scholarships?*

*What types of schools can our family select using a 529 account?*

*What are the legacy benefits of a 529?*

**Pizza & beverages  
will be provided by  
Morgan Stanley!**

**Join us at Christ Episcopal School for an evening of information and dialogue. Our presenters will be here to share information and answer your questions, *not to sell products*. Come find out how a 529 plan could benefit you and your family!**

**Presenters: Jeff Kaufman      Brian Parker  
Morgan Stanley      John Hancock**

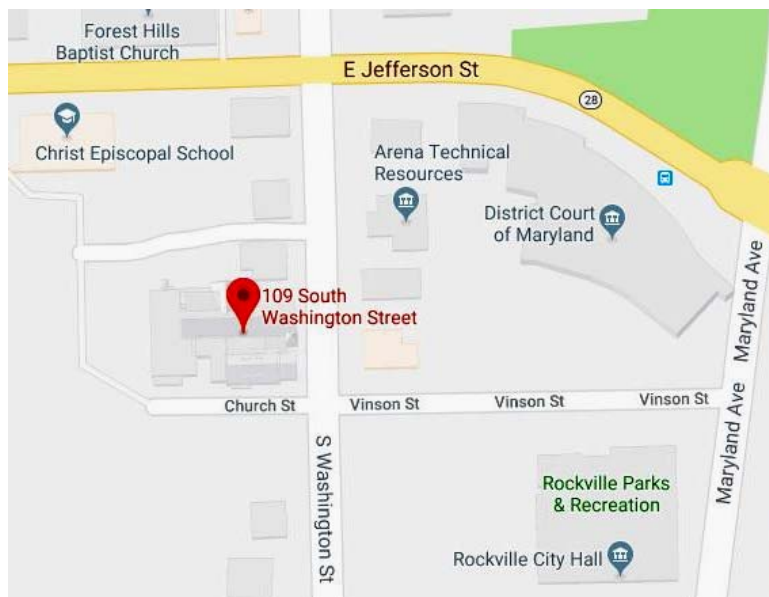
Please RSVP to Janet Gerber at

**[jgerber@cesrockville.org](mailto:jgerber@cesrockville.org)**

or **301-424-8702**

by Friday, March 6<sup>th</sup>

**We look forward to seeing you!**





## St. Francis Flock

*My mouth will speak in praise of the Lord. Let every creature praise His holy name for ever and ever. Psalm 145:21*

### **Lenten Film Night**

*Join Us for Dinner and a Movie*



On Thursday, March 5<sup>th</sup> 2020 at 6:30 p.m. in the Murdoch Room, we will be showing the movie The Cat Rescuers, a documentary film about the incredible efforts of animal welfare champions trying to help the growing numbers of abandoned cats in New York City. St. Francis Flock's very own Carolyn Cole helped fund the creation of this award-winning film!

The movie is free; the dinner, provided by the Flock's own Leslie Porter, will be delicious; and the discussion will be engaging! In keeping with the topic of the movie, we invite attendees to consider bringing an unopened can or bag of cat food, and we will donate it to a local cat rescue group. A nice way to spend an evening in the Lenten season. Hope to see you there!

### **SFF Continues Biblical Study Course**

Last month, the Flock kicked off its first session of **CreatureKind** ([www.becreaturekind.org](http://www.becreaturekind.org)), led by the Flock's own Sara Timlin, and it proved to be interesting and thought provoking! Creaturekind, a 6-week course for churches, prompts us to explore what we think about God's animals and how we might take steps toward aligning our actions toward animals with our Christian values. We will be evaluating the course and, perhaps in the future, offering it to the whole church.



### **Ongoing Activities – Great Opportunities to Help Animals and People!**

Love A Clean And Orderly House? – Donate!!



Donations of gently used dog beds, old towels and blankets, and (new) pet toys are ALWAYS welcome. Many dogs, cats, and other critters are waiting for their forever families at the Montgomery County Animal Services and Adoption Center. They would love to have toys (gently used or new) to play with, soft blankets to lay on, and towels & blankets to be cleaned up with. Drop off your donations in the shopping cart in the main dining area of the basement and the Flock will deliver them to the shelter.

### Help Loved Ones Stay Together By Donating To Our Pet Food Drive



Please provide unopened donations in the shopping cart in the main dining area of the basement (same cart as Manna donations), and the Flock will deliver to the Animal Welfare League of Montgomery County's Chompers Pet Food Bank. Pet food donations benefit local families struggling to provide for their pets. In many cases, providing pet food to families makes the difference between being able to keep their pet or having to surrender them due to a lack of food. With our donations, Christ Church is making

a difference!

### Love Lost - Pet Grievance Ministry



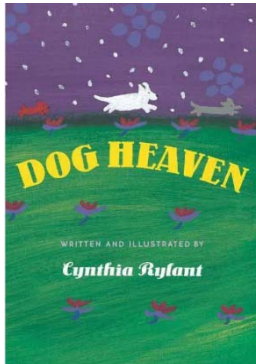
St. Francis Flock provides ministry to those grieving the illness or loss of a beloved pet. Please contact Carolyn Cole at [stfrancisflock@cecrockville.org](mailto:stfrancisflock@cecrockville.org) for more information.

### We Love to Help! – Assistance to the elderly and/or disabled



St. Francis Flock provides assistance to Christ Church elderly and/or disabled parishioners in driving them and/or their pet to the veterinarian. Please contact [stfrancisflock@cecrockville.org](mailto:stfrancisflock@cecrockville.org) if you need assistance.

### Check out our library!



St. Francis Flock provides a small, but growing library, including children's books, that are available for check-out. Please visit the book shelf in the church hallway, across from the music room, and check us out!

*Join us! We are a very diverse group – all are welcome!*

*Meeting time: Second Sunday at 12:30 p.m. in the parish house!*

*For more information contact [stfrancisflock@cecrockville.org](mailto:stfrancisflock@cecrockville.org) or find us on facebook [@stfrancisflock](https://www.facebook.com/stfrancisflock)*

## **Environmental Stewardship**

### **Creation Care Calendar for Lent**

To help all congregations in the region observe Lent (which starts February 26<sup>th</sup>) through the lens of creation care, [Interfaith Power & Light \(DC-MD-NoVA\)](#) and [Interfaith Partners for the Chesapeake](#) collaborated to produce the 2020 Creation Care Calendar. They developed a separate calendar for each jurisdiction — Maryland, D.C., and Virginia — as a downloadable PDF. Here is a short link to the Maryland calendar: <https://bit.ly/2OzOKKQ>.

***Next Environmental Stewardship Meeting: Sunday, March 15<sup>th</sup>, 11:30 a.m. in the Parish House.***

## Fellowship

### **Coffee Hour Needs Your Help!**

We are so very excited that attendance at and participation in Coffee Hour has increased! A huge thanks to our Bakers and Angels! We are still looking for more official Bakers and Angels, and if you feel drawn to this ministry, Nancy's information follows. You would have to serve just one Sunday a month. Angels work as a team and set up and clean up coffee hour. Bakers just need to bring in a baked offering, homemade or store bought. In the meantime, we are always looking for people to volunteer to bake or clean up in an unofficial capacity. If you find yourself baking and able to bring in a baked good on any Sunday or find yourself with some extra time at the end of Coffee Hour and want to be an angel, please pitch in and help clean up. And remember, if you feel drawn to this ministry and would like to serve as either an official Baker or an Angel, or if you have any questions, please contact Nancy Small at 301-762-2449 or [nwsmall@hotmail.com](mailto:nwsmall@hotmail.com).

## Newcomers

### **The Garcia-Jones Family**



Britt Jones and Javier Garcia and their children Abhisneha, Gideon, Saffron, and Jethro joined us at Christ Church after moving to Rockville last summer. Britt was raised Mormon and Javier was raised Catholic, but as a couple, they were called in a different direction. Britt was baptized at CEC in September. In November, he was confirmed, and Javier was received into the Episcopal church at the Cathedral.

Britt is a foreign service officer. In the past, he has been stationed in Beijing and on the US border with Mexico, but he currently works in consular services here in DC, specializing in international child abductions. Javier is a nurse on the same-day surgery unit at Walter Reed. He got his nursing license after serving as a corpsman in the Navy for ten years.

Britt moved a lot as a child, but spent the most time in south Florida, Las Vegas, and Philadelphia. Javier grew up in southern California, then moved often during his time with the Navy. They met while Britt home from his post in China for a training in DC.

The children currently attend Maryvale elementary and have a wide variety of interests. Abhisneha (age 11) loves Korean pop music. Gideon (age 10) and Jethro (age 6) both enjoy anime. Saffron (age 9) loves unicorns and is following in her sister's footsteps by getting into K-Pop. They have all attended children's church here at CEC, and Abhisneha has also participated in some youth group activities. Welcome to Christ Church, Britt, Javier, Abhisneha, Gideon, Saffron, and Jethro!

# Easter Flowers 2020



*We invite you to give a Memorial or Easter Offering of Easter flowers to decorate the Church, for the celebration of the Resurrection of our Savior.*

*A donation of \$30.00 per plant is requested.  
The deadline for orders is **Friday, April 3, 2020.***

Given By \_\_\_\_\_ # of plants \_\_\_\_\_

Phone # \_\_\_\_\_ Amount enclosed \_\_\_\_\_

☐ In honor of \_\_\_\_\_

\_\_\_\_\_

☐ In memory of \_\_\_\_\_

\_\_\_\_\_

☐ In thanksgiving for \_\_\_\_\_

\_\_\_\_\_

☐ \_\_\_\_\_

\_\_\_\_\_





## DID YOU KNOW THAT...

...since 1957, The Bargain Box has been a thrift AND a consignment shop? The sale of new and gently used donations is our main income source, but the sale of consigned items is also an essential part of our business. Last year, income from donations was over 70K and consignment sales nearly 26K.

When we expanded our sales floor in 2010, our rent also increased. Donations were always in abundance, but it was decided to accept more consignors by adding a second intake morning each week. Registered consignors come between 10 and noon on either Thursday or Friday.

Those interested in consigning attend a group information session and are then expected to bring items consistently for at least 6 months. We do not accept anyone wishing to sell a "one & done" item. About 50 active consignors are the most the sales floor can comfortably maintain.

Quality standards are more stringent for consigned items than for donations. For example, we do accept gently used games and puzzles as donations because a volunteer will count the pieces. Consigned games and puzzles must be new and unopened. The same criteria hold true for appliances and items needing to be tested.

Our consignors are a friendly group of women and men. Some have been with us for years; most are also regular customers and a select few have become invaluable volunteers. Consignors are often clutter-busting or downsizing but also parting with collections of piggy banks, snow globes or tea pots that are "running amok" at home. Clothing, purses, jewelry and holiday decorations are among the most popular items consigned.

Consignors may receive a monthly check as large as \$100+ although most average \$25 to \$40. What do consignors use their money for? Some donate to a favorite charity. Others put it into their grandchildren's college funds or treat a friend to lunch. And there's always retail therapy at The Bargain Box.

Currently we have seven consignment volunteers. Barbara Marinelli is our Consignment Manager. Barbara works with Gale Luce, Gail Rebello, Linda Rhoads and Nancy Small in screening consignors' items (think TSA without a wand) and writing tickets each week. Ruth Shawn sorts the tickets, and she and Barbara tally the sales each month so that Kathy Moch, our treasurer, can issue checks. More information about consigning and donating is on The Bargain Box website at <http://www.christchurchrockville.org/bargain-box/consignors/>.



## SOS SUNDAY March 15

The third Sunday of the month is Serving Others Sunday at Christ Church, and the Bargain Box will be in the Dining Room in our usual place following the 10 am service. Come see our spring merchandise and sign up for our Spring & Easter themed raffle.

*The Bargain Box  
Thrift and Consignment Shop  
An Outreach Ministry since 1957  
398 Hungerford Drive, Rockville  
20850*

301-762-2242

Monday - Saturday, 10 am - 4:30 pm  
Donna Wolohojian, Manager

Email: [bargainbox@cecrockville.org](mailto:bargainbox@cecrockville.org)

On the web: [www.bargain-box.org](http://www.bargain-box.org)

 Follow us on Facebook:

[www.facebook.com/BargainBoxRockville](https://www.facebook.com/BargainBoxRockville)

*All our profits fund outreach projects in  
the community and diocese.*

CASH ONLY

# Children's & Youth Ministries

## Sunday, March 1<sup>st</sup>



**Worship Services are at 8am & 10am** in the Church

**Nursery is available 9:45am – 11:15am** for Infants

**Children's Church meets at 10am** in the Dining Room

**Jr Youth (4<sup>th</sup> – 8<sup>th</sup>) Gathering at 10am** in the Youth Room

**SOS – 5 Weeks of Giving to Others in Lent** in the Murdock Room at 11:15am

**Fellowship Coffee Hour for Everyone at 11:15am** in the Dining Room

**Youth Group Event & Dinner from 2 – 6pm** at the Cathedral **RSVP!**

## Thursday, March 5<sup>th</sup>

**St Francis Flock Lenten Movie Night & Dinner** at 6:30pm in the Murdock Rm

## Sunday, March 8<sup>th</sup>



**Worship Services are at 8am & 10am** in the Church

**Nursery is available 9:45am – 11:15am** for Infants

**Children's Church meets at 10am** in the Dining Room

**Jr Youth (4<sup>th</sup> – 8<sup>th</sup>) Gathering at 10am** in the Youth Room

**SOS – 5 Weeks of Giving to Others in Lent** in the Murdock Room at 11:15am

**Fellowship Coffee Hour for Everyone at 11:15am** in the Dining Room

**Holy Communion Prep Class from 2 – 5pm** in the Murdock Room **RSVP!**

## Saturday, March 14<sup>th</sup>

**Youth Group Cake Baking, Decorating & Lunch**

**10am – 2pm in the Dining Room**

We are making & baking cakes for Birthday Cakes 4 Free (to be given to Shepherd's Table Shelter in Silver Spring) followed by lunch at Subway. After lunch, we'll decorate & box the cakes! Friends are welcome & SSL hours will be given. **RSVP!**



## Sunday, March 15<sup>th</sup>



**Worship Services at 8am and 11am** in the Church

**Nursery is available 9:45am – 11:15am** for Infants

**Children's Church begins at 10am** in the Dining Room

**SOS – Serving Others Sunday at 9am & 11:15am** in the Murdock Room

We make 300 sandwiches & 300 bags of granola for McKenna's Wagon & fill 200 bags of food for 50 children at Meadow Hall Elementary School!

**Fellowship Coffee Hour for Everyone at 11:15am** in the Dining Room



## *Sunday, March 22<sup>nd</sup>*



**Worship Services at 8am and 10am** in the Church  
**Nursery is available 9:45am – 11:15pm** for Infants  
**Children's Church meets at 10am** in the Dining Room  
**Jr Youth (4<sup>th</sup> – 8<sup>th</sup>) Gathering at 10am** in the Youth Room  
**SOS – 5 Weeks of Giving to Others in Lent** in the Murdock Room at 11:15am  
**Fellowship Coffee Hour for Everyone at 11:15am** in the Dining Room

## *Sunday, March 29<sup>th</sup>*



**Worship Services at 8am and 10am** in the Church  
**Nursery is available 9:45am – 11:15am** for Infants  
**Children's Church meets at 10am** in the Dining Room  
**Jr Youth (4<sup>th</sup> – 8<sup>th</sup>) Gathering at 10am** in the Youth Room  
**SOS – 5 Weeks of Giving to Others in Lent** in the Murdock Room at 11:15am  
**Fellowship Coffee Hour for Everyone at 11:15am** in the Dining Room  
**Youth Group Shelter Meal Prep from 4 – 5:30pm** in the Dining Rm/Kitchen  
**Youth Group Shelter Serving Dinner from 6 – 8pm** at Interfaith Shelter

# HELP WANTED

Easter Treats  
for a

Bunny in Need!



**We need NEW Plastic Eggs & Stuffing Treats!**

Individually wrapped candy, erasers, stickers, tattoos or other items  
that can be stuffed in eggs for the EGG HUNT on Easter Sunday!

**Donation Baskets are in located the Parish House & Dining Room**

**THANKS IN ADVANCE FOR YOUR DONATIONS!**

For questions relating to Children's & Youth Ministries:  
Michele Craig - Director of Children's & Youth Ministries  
301/762-2191 #15 or [mcraig@cecrockville.org](mailto:mcraig@cecrockville.org)

# March

## March 2020

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				



## MARCH 2020 WEEKLY SCHEDULE

### REGULAR SUNDAY SCHEDULE SERVICES AT 8:00 & 10:00AM

**8:00 AM** Holy Eucharist Rite I

*A Spoken Service with Sermon*

**9:00 AM** Studies in Christian Faith

*Led by Nancy Lewin, in the Parish House*

**9:00 AM** Adult Forum

*in the Murdock Room (March 1, 8, 22 & 29)*

**10:00 AM** Holy Eucharist Rite II

*A Service with Music for All People and Ages*

**10:00 AM** Children's Church – in the Dining Room

*A Service for Young Children*

*Using a Story-Telling Theme with Music*

**10:00 AM** Jr. Youth Gathering – in the Youth Room

*A class for 4<sup>th</sup>-8<sup>th</sup> grades; 1<sup>st</sup>, 2<sup>nd</sup> & 4<sup>th</sup> Sunday mornings*

**11:15 AM** Fellowship & Coffee Hour for All

*in the Dining Room*

**11:15 AM** Lenten SOS (Serving Others Sunday)

*in the Murdock Room*

### REGULAR WEEKLY ACTIVITIES

#### Monday

7:00 PM English Conversation Practice (CEC DR)

#### Tuesday

11:00 AM Staff Meeting (PH)

#### Wednesday

12:10 PM Holy Eucharist Rite II (Church)

7:00 PM Zumba Gold® Class (Murdock Room)

#### Thursday

12:00 PM AA Meeting (PH LR)

4:45 PM Chorister Snacks & Rehearsal (Choir Suite)

7:30 PM Choir Rehearsal (Choir Suite)

## OTHER PARISH EVENTS

(Date/Event/ Time/ Location)

- 1 SOS - Serving Others Sunday Project for Lent **11:15am** (MR)  
Youth Group w/Bishop **2-6pm** (Nat'l Cathedral) **RSVP**
- 2
- 3 Pastoral Care Committee Meeting **7:00pm** (PH LR)
- 4 Outreach Committee Meeting **7:30pm** (PH DR)
- 5 Lenten Film & Dinner, hosted by St Francis Flock **6:30pm** (MR)
- 6 CES Preschool One-on-One Fun **9-10am** (Preschool Library)
- 7
- 8 Daylight Saving Time Begins  
SOS - Serving Others Sunday Project for Lent **11:15am** (MR)  
St. Francis Flock Meets **12:30pm** (PH DR)  
Communion Instruction Class **2:00pm** (MR)
- 9
- 10 *The Angelus* Submission Deadline for the April issue  
CES 529 Plan Presentation **6:30pm** (MR)
- 11
- 12
- 13
- 14 Companions of the Holy Cross Meeting **9am-1pm** (PH LR)  
Youth Group Cake Baking & Lunch **10:00am** (DR)  
SOS - Serving Others Sunday Project for Lent **11:15am** (MR)  
Adult Supper Club **7:00pm** (hosted by Nancy Small)
- 15 "MANNA" Sunday (*Third Sunday of each month*)  
SOS - Serving Others Sunday Project for Lent (MR)  
Loaves & Fishes carpool **10:15am** (leave from Church)  
Bargain Box Outreach Table (DR)  
Environmental Stewardship Meeting **12:30pm** (PH LR)  
Family Dinner & Instructed Eucharist **5:00pm** (MR)
- 16
- 17
- 18 Lower School Musical **6:00pm** (Church)
- 19 Board of Governors Meeting **7:00pm** (MR)
- 20 1<sup>st</sup> Call for Annual Reports
- 21
- 22 SOS - Serving Others Sunday Project for Lent **11:15am** (MR)
- 23
- 24 Vestry Meeting **7:00pm** (PH LR)
- 25 Lay Eucharistic Visitation **2:30pm** (Collingswood)
- 26
- 27
- 28
- 29 SOS - Serving Others Sunday Project for Lent **11:15am** (MR)  
Youth Group Shelter Meal Prep & Serve **4:00pm** (K, Shelter)
- 30
- 31

#### KEY

CEC = Christ Episcopal Church  
PH = Parish House CES = Christ Episcopal School  
LR = Living Room K = Kitchen  
DR = Dining Room N = Nursery  
MR = Murdock Room YR = Youth Room