

Christ Episcopal Church

Illness Policy in the Nursery

Keeping children healthy is a partnership between parents, childcare providers, and the children themselves. Only a few illnesses require exclusion of sick children to ensure protection of other children and staff. Please review the following:

Understanding the Reasons to Exclude a Child due to Illness

1. The illness prevents the child from participating comfortably in routine activities.
2. The illness requires more care than the childcare staff is able to provide without compromising the health and safety of the other children and caregivers.
3. The illness is any of the specifically diagnosed conditions listed below.

Symptoms that Require Exclusion of a Child from the Nursery

Because infections spread easily the following symptoms requiring exclusion from the Nursery.

1. **Fever along with behavior change or other signs of illness** such as sore throat, rash, vomiting, diarrhea, earache, etc. Fever is defined as a temperature of 100° F or higher taken under the arm, oral temperature of 101°F or greater.
2. **Symptoms and signs of possible severe illness** - unusual tiredness, uncontrolled coughing or wheezing, continuous crying or anger, or difficulty breathing.
3. **Diarrhea** – runny, watery or bloody stools in the last 12 hours.
4. **Vomiting** - once in the period of 24 hours prior to using the Nursery.
5. **Body rash**
6. **Eye discharge** – thick mucus or pus draining from eye, or pink eye.
7. **Sore throat** with fever and swollen glands
8. **Head lice or nits (eggs)**
9. **Severe coughing** – red or blue in the face or makes high-pitched whooping
10. **Yellow skin or eyes**
11. **Child is irritable, continuously crying**, or requires more attention than usual.

**The final decision to exclude a child from the Nursery
is made by the Nursery Supervisor.**